



Lap Lane Availability

March 5, 2018 - May 28, 2018

UPDATED
3/7/18

COMPETITION POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Lanes 5:15 - 6:30 AM	7 Lanes 5:15 - 6:30 AM	2 Lanes 5:15 - 6:30 AM	7 Lanes 5:15 - 6:30 AM	7 Lanes 5:15 - 6:30 AM		
6 Lanes 6:30 - 9:10 AM	7 Lanes 6:30 - 7:10 AM	6 Lanes 6:30 - 9:10 AM	7 Lanes 6:30 - 7:10 AM	6 Lanes 6:30 - 9:10 AM	7 Lanes 7:00 - 7:55 AM	
4 Lanes 9:10 - 10:20 AM	5 Lanes 7:10 - 8:20AM	4 Lanes 9:10 - 10:20 AM	5 Lanes 7:10 - 8:20AM	4 Lanes 9:10 - 10:20 AM	4 Lanes 7:55 - 9:00 AM	6 Lanes 7:00AM - 12:00PM
6 Lanes 10:20 - 11:55 AM	6 Lanes 8:20 - 9:10AM	6 Lanes 10:20 - 11:55 AM	6 Lanes 8:20 - 9:10AM	6 Lanes 10:20 AM - ** 3:00 PM	POOL CLOSED 9:00 - 10:30 AM *Clayton High School Athletics	
5 Lanes 11:55AM - 12:50PM	4 Lanes 9:10 - 10:20AM	5 Lanes 11:55AM - 12:50PM	4 Lanes 9:10 - 10:20AM		5 Lanes 10:30 AM - 12:15 PM	5 Lanes 12:00 - 4:45 PM
6 Lanes 12:50 - ** 3:00PM	6 Lanes 10:20AM - ** 3:00PM	6 Lanes 12:50 - ** 3:00PM	6 Lanes 10:20AM - ** 3:00PM		4 Lanes 12:15 PM - 6:45 PM	4 Lanes 4:45 - 5:45 PM
POOL CLOSED 3:00 - 5:30 PM *Clayton High School Athletics						
5 Lanes 5:30 - 7:15 PM	7 Lanes 5:30 - 6:30 PM	5 Lanes 5:30 - 7:15 PM	7 Lanes 5:30 - 6:30 PM	6 Lanes 5:30 PM- 8:45 PM		
2 Lanes 7:15 - 8:15 PM	2 Lanes 6:30 - 8:30 PM	2 Lanes 7:15 - 8:15 PM	2 Lanes 6:30 - 8:30 PM			
6 Lanes 8:15 - 9:45 PM	6 Lanes 8:30 - 9:45 PM	6 Lanes 8:15 - 9:45 PM	6 Lanes 8:30 - 9:45 PM			

** Competition Pool Changes in Schedule ** Dates are subject to change based on Clayton High School Athletics Schedule.

3/26 - 3/30	Spring Break Camp to use 1 lane	1:00pm-4:00pm	Mon 3/19	Water Polo Home Game	3:00-6:45pm
Wed 3/21	Water Polo Home Game	3:00-5:45pm	Mon 4/9	Water Polo Home Game	3:00-6:45pm
Wed 4/11	Water Polo Home Game	3:00-6:45pm	Mon 4/23	Water Polo Home Game	3:00-6:45 pm
			Mon 5/28	Memorial Day	9:00am-4:45pm

LEISURE POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Lanes 5:15 - 10:25 AM	2 Lanes 5:15 - 10:25 AM	2 Lanes 5:15 - 10:25 AM	2 Lanes 5:15 - 10:25 AM	2 Lanes 5:15 - 10:25 AM	2 Lanes 7:00 - 8:15 AM	
0 Lanes 10:25 - 11:30 AM	0 Lanes 10:25 - 11:30 AM	0 Lanes 10:25 - 11:30 AM	0 Lanes 10:25 - 11:30 AM	0 Lanes 10:25 - 11:30 AM	1 Lane 8:15AM - 9:00AM	2 Lanes 7:00 - 1:00 PM
2 Lanes 11:30AM - 5:45PM	2 Lanes 11:30AM - 5:45PM	2 Lanes 11:30AM - 6:15PM	2 Lanes 11:30AM - 5:45PM	2 Lanes 11:30AM - 5:45PM	2 Lanes 9:00 AM - 10:30 AM	1 Lane 1:00PM - 5:00PM
1 Lanes 5:30 - 7:15 PM	1 Lanes 5:30 - 7:00 PM	1 Lane 5:45 - 7:15 PM	1 Lanes 5:30 - 7:00 PM	1 Lanes 5:30 - 7:00 PM	1 Lanes 10:30 AM - 2:00 PM	2 Lanes 5:00 PM - 5:45 PM
2 Lanes 7:15 - 9:45 PM	2 Lanes 7:00 - 9:45 PM	2 Lanes 7:15 - 9:45 PM	2 Lanes 7:00 - 9:45 PM	2 Lanes 7:00 - 8:45 PM	2 Lanes 2:00 PM - 6:45 PM	

* Leisure Pool Lane Changes in Schedule *

Mon 3/26 - Fri 3/30 Spring Break Camp to use 1 lane 1:00pm-2:00pm

LAP SWIMMING ETIQUETTE

- ◆ Choose a lane based on your swimming ability Slow/Medium/Fast.
- ◆ Notify all swimmers in a lane of your presence before entering the water.
- ◆ Circle swim in order to allow multiple swimmers to use the same lane.
- ◆ Up to six swimmers may use the same lane at one time.
- ◆ If you need to rest in between laps, please do so at the corner of the lane.
- ◆ Water jogging in lanes is only permitted when there are not multiple swimmers present.
- ◆ Please follow the lifeguards direction. We may need to move lanes to accommodate the schedule.

**LANE AVAILABILITY
IS SUBJECT TO CHANGE**
For questions regarding this
schedule please contact the Aquatic
Office at (314) 290-8520



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LEISURE POOL	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM		
	Splash & Play 10:00AM-12:00PM	Splash & Play 10:00AM-12:00PM	Splash & Play 10:00AM-12:00PM	Splash & Play 10:00AM-12:00PM	Splash & Play 10:00AM-12:00PM	Recreational Swimming 11:00AM - 6:45PM	Recreational Swimming 11:00AM - 5:45PM
	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM		
	No Recreational Swimming Available on Monday	Recreational Swimming 4:30 - 8:30 PM	Recreational Swimming 7:00 - 8:30 PM	Recreational Swimming 4:30 - 8:30 PM	Recreational Swimming 4:30 - 8:45 PM		

**** Leisure Pool Changes in Schedule ****

Tues 3/6	Rental	Limited Water Walking	12:45pm-2:15pm	Wed 3/7	Rental	Limited Water Walking	12:45pm-2:15pm
Thurs 3/8	Rental	Limited Water Walking	12:45pm-2:15pm	Fri 3/16	School Holiday	Holiday Rec Swim	Noon-8:45pm
Fri 3/23	School Holiday	Holiday Rec Swim	Noon-8:45pm	Mon 3/26	Spring Break	Holiday Rec Swim	Noon-3:30pm
Tues 3/27	Spring Break	Holiday Rec Swim	Noon-8:30pm	Wed 3/28	Spring Break	Holiday Rec Swim	Noon-3:30pm
Thurs 3/29	Spring Break	Holiday Rec Swim	Noon-8:30pm	Fri 3/30	Spring Break	Holiday Rec Swim	Noon-8:45pm
				Mon 5/29	Memorial	Holiday Rec Swim	Noon-4:45pm

POOL RULES

- CHILDREN 8 AND UNDER MUST BE ACCOMPANIED BY A RESPONSIBLE GUARDIAN AT LEAST 15 YEARS OF AGE. NON-SWIMMERS MUST BE WITHIN ARMS REACH OF THEIR GUARDIAN AT ALL TIMES.
- DIVING IS ALLOWED ONLY IN DESIGNATED AREAS. DIVING IN SHALLOW WATER IS NOT PERMITTED.
- PROLONGED AND/OR REPEATED BREATH HOLDING ACTIVITIES ARE STRICTLY PROHIBITED.
- ALL SWIMMERS ARE SUBJECT TO AN ASSESMENT OF THEIR SWIMMING SKILLS. NON-SWIMMERS AND WEAK SWIMMERS ARE RESTRICTED FROM AREAS DEEPER THAN SHOULDER DEPTH.
- INFLATABLE DEVICES ARE SUBJECT TO LIFEGUARD DISCRETION.
- BATHING SUITS, MODEST AND IN GOOD REPAIR, ARE REQUIRED.
- RUNNING, HORSEPLAY, DUNKING, PUSHING OR PROFANITY IS STRICTLY PROHIBITED.
- GUM, TOBACCO PRODUCTS, ALCOHOL AND GLASS CONTAINERS ARE NOT ALLOWED.
- FOOD AND BEVERAGE ARE RESTRICTED TO DESIGNATED AREAS.
- YOUNG SWIMMERS WHO ARE NOT TOILET TRAINED MUST WEAR APPROPRIATE DISPOSABLE SWIM DIAPERS.

WATER WALKING

Water walking is available during designated hours in the Lazy River area of the Leisure Pool. Water walking through the river must be continuous in either direction. For better traction during the workout, water walkers are advised to wear non-skid shoes in the pool.

SPLASH & PLAY

Splash & Play is a time set aside for children 6mo - 6yrs old & their parents to enjoy the shallow portion of the Leisure Pool. Parents are expected to be in the water and directly supervise their children.

RECREATIONAL SWIMMING

The Leisure Pool is open for recreational swimming during the times listed above. Features include water pouring animals, a lazy river, vortex, and two slides, all of which operate during these designated recreational swim hours. Parents, please accompany your non-swimmers into the water.

OPEN DIVE TIME

At least one diving board in the Competition Pool is designated for recreational use during the open dive times listed below. Swimmers are subject to a swim test before entry into deep water.

Open Dive Saturday & Sunday 2:00 - 5:00 PM