

City of Clayton

Parks and Recreation

Summer 2020 Guide



Center of Clayton - Shaw Park Aquatic Center - Shaw Park Tennis Center - Clayton Parks

April 27 - August 16

Resident / Member Registration: April 6 - 12

Open Registration: Starting April 13

www.claytonmo.gov/recreation | 314-290-8500

Special Events

CHAPMAN PLAZA *Concert Series*

Thursday,
May 21
6:00-8:00 pm



Bring blankets, lawn chairs & snacks to enjoy with live music along the falls & gardens.
www.claytonmo.gov/PlazaConcerts

PICNIC ^{IN THE} PARK

Sunday, May 31, 4-8 pm

Join us under the canopy of Shaw Park for live music, food trucks, family entertainment and more!

Sponsored By:



CLAYTON COMMUNITY
FOUNDATION
Ours to build. Ours to share.

www.claytonmo.gov/Picnic

REGIONAL WINERIES | LIVE MUSIC LOCAL RESTAURANTS



SATURDAY, JUNE 6
5:00 - 10:00 PM
CARONDELET PLAZA

WWW.CLAYTONMO.GOV/MUSICANDWINE2020



CLAYTON COMMUNITY FOUNDATION

MUSICAL NIGHTS

at Oak Knoll Park
5:00pm - 7:00pm

JUNE 28 | Dave & Them

JULY 26 | Hudson & Hoo Doo Cats

AUG. 23 | Johnny Henry

SEPT. 27 | Ticket to the Beatles



Join the holiday pool party at
Shaw Park Aquatic Center!

Saturday, July 4 | 1-4pm

ages 7-14



SWIM | BIKE | RUN
in Shaw Park

SUNDAY,
AUGUST 9, 8:00AM
Learn more & register @
WWW.BIGSHARK.COM

Get started with our Triathlon Clinic - details on page 23.



SATURDAY, SEPTEMBER 26TH
DOWNTOWN CLAYTON

IMPORTANT INFORMATION

Resident and Corporate Rates

To qualify for resident or corporate rates at any Clayton Parks and Recreation facility, proof of residency or corporate status must be presented at The Center of Clayton prior to purchase. Those without current proof on file will pay General Admission rates.

Residents are those individuals or families who live or own property within the Clayton School District boundaries or attend a Clayton School District School. Residents must present a current state ID verifying current address within the Clayton School District boundaries along with an unpaid utility bill or proof they attend a Clayton School District school. Property owners need to present proof of property ownership within the Clayton School District in addition to a current state ID.

Corporate is defined as individuals who work within the Clayton School District boundaries. Corporate employees must present a pay stub no more than 60 days old verifying employment at an address within the boundaries of the Clayton School District in addition to a current state ID.

Definition of Family - Up to 2 adults who live in the same household and their dependents who are 25 & under and who also reside in that same household.

Youth Program Scholarship - A scholarship program is available to assist eligible resident children pay for programs through Clayton Parks and Recreation. Eligibility is based on the Federal Lunch Program guidelines for free or reduced lunch. Scholarship funds are not available for membership or admission to any facilities. If you think your child qualifies for a scholarship, contact Denise at 314-290-8516 for additional details. Scholarships are made possible through the Clayton Century Foundation. 

Returned Check Fee - The Center of Clayton will assess a service charge of \$15 for every check and automated withdrawal returned.

Late Registration - For many programs, registration may be accepted after a session begins, provided the enrollment has not reached the maximum. Enrollment is on a first come, first served basis.

Program Cancellation Policy - Clayton Parks and Recreation reserves the right to cancel a class if the program minimum has not been met prior to five (5) business days before the first class meeting. Refunds will be processed as stated below.

Program Refund Policy - The Clayton Parks & Recreation Department strives to provide quality programs. If you are not satisfied, please contact us at 314-290-8500. All refund requests must be made in writing either in person or by mail to the following address: The Center of Clayton, 50 Gay Avenue Clayton, MO 63105

- A full refund will be given for classes cancelled by the Parks and Recreation Department or if a registrant is restricted from participating in a program due to a change in program dates or times.
- A full refund may also be given if a registrant is unable to attend due to illness or injury, when a physician's statement is presented.
- If the program has already begun, any refund amount would be pro-rated based on the number of classes that have already been held.
- No refunds will be given for withdrawal requests fewer than 5 days before the start of the program if the program would fall below the minimum number of registrants.
- For Youth Sports Leagues, a full refund will be given prior to the first practice, or a 50% refund will be made if the request is less than two weeks before the first game.
- Registrations are non-transferable. No refunds or make-ups will be given for missed lessons, classes or practices – except those cancelled by the department.
- Refunds of \$10.00 or less will be credited to the customer's Parks and Recreation account for future use.
- Refunds over \$10.00 will be issued in the form of original payment including credit on account, check or credit to original credit card used. Original payments made in cash will be refunded via check.
- Please allow 2-3 weeks for refund processing.
- **A service fee of \$5 per participant, per program will apply to all refunds initiated by the customer.**

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Accessibility To All Citizens

We welcome individuals of all abilities to enjoy our programs and facilities. If you or someone you know requires modifications or assistance to participate, please notify us at the time of registration and contact Malory Smysor, Coordinator of Inclusive Services. We ask that you give a two weeks' notice of registration in order to have time to arrange any necessary modifications. We strive to comply with the Americans with Disabilities Act (ADA) and welcome comments. Contact:

Malory Smysor, CTRS
Phone: 314-290-8507
TDD: 1-800-735-2966
Email: mmsysor@claytonmo.gov

Contact Us

50 Gay Avenue
Clayton, MO 63105
314-290-8500
thecenter@claytonmo.gov
www.claytonmo.gov/recreation

Center of Clayton Renovation



Renovations are nearly complete at The Center of Clayton! The new expansion areas opened in March with access to new cardio equipment and a new childcare room. The project will continue into the final phase in April with retiling of the lobby and hallways as well as fresh surfaces in the redesigned weight area and track. All areas of the renovation are expected to be complete by mid-May.

To celebrate these accomplishments, The Center is hosting a Renovation Celebration on Saturday, May 16 from 12:00 pm to 4:00 pm. This will be a great opportunity to see all the fresh updates to our community-owned facility while enjoying special activities, prizes and discounts!

You are invited to our **RENOVATION Celebration!** Saturday, May 16, 12-4 pm

The Center of Clayton is inviting the entire community to see our newly renovated spaces! Bring your friends and family for fun, food and fitness including:

Free Prizes & Giveaways
Free Tours & Admission

Free Activities
Limited-Time Specials

and More!



GYMS

The Center of Clayton has four full courts that host a variety of activities. Children must be supervised and proper attire must be worn at all times.

Adult Pickup Basketball

Adults may participate in full court pickup basketball on Court 2.

Saturday - Sunday 7:00 am - 12:00 pm*
Wednesday & Friday 5:00 pm - Close*

*Times are subject to change. Current schedules are available at the Center of Clayton and online at www.centerofclayton.com.



FITNESS CENTER

Complimentary Fitness Center Orientations

Fitness Orientations are available free of charge for all new Center of Clayton members. The orientation is conducted by a fitness staff person and will orientate the member to the equipment in the fitness center as well as the policies and procedures.

We encourage all new members to participate in this service designed to assist members in getting safely started on their fitness routines. Each orientation is forty-five to sixty minutes in length. Orientations are by appointment only. Please call 314.290.8524 or stop by the fitness desk to make an appointment today.



THE CENTER OF CLAYTON

Center of Clayton
Enrichment
Fitness
Swim Lessons
Shaw Pool
Sports Leagues
Tennis
Parks

Daily Admission - is for one-time use only and does not cover access to any classes or special pay activities. Daily class fees can be found in the fitness section of this Guide. No refunds on daily fees. Clayton Advantage Card must be presented for Resident or Corporate rates.

	Resident	Corporate	General
Youth (3-17)	\$8	\$9	\$10
Adult	\$10	\$12	\$15
Senior (60+)	\$8	\$9	\$10

Monthly Membership (EFT or Credit Card) - A \$25 start up fee is applied to all new memberships using the monthly option. Termination requests must be received in writing at least 5 days before the member's draft date.

	Resident	Corporate	General
Youth (3-17)	\$28	\$32	\$35
Adult	\$41	\$48	\$57
Senior (60+)	\$33	\$38	\$41
Family	\$69	\$79	\$96

Annual Membership - Individuals who choose to pay up front for 12 months save approximately 5% off the monthly membership fee. Annual memberships are non-refundable.

	Resident	Corporate	General
Youth (3-17)	\$309	\$364	\$399
Adult	\$469	\$544	\$649
Senior (60+)	\$374	\$434	\$464
Family	\$789	\$899	\$1099

Platinum Membership - Enjoy membership all Clayton Parks and Recreation facilities including The Center of Clayton as well as Shaw Park's Aquatic Center and Tennis Center. Platinum memberships are sold only as annual passes.

	Resident	Corporate	General
Youth (3-17)	\$389	\$459	\$544
Adult	\$574	\$674	\$839
Senior (60+)	\$449	\$539	\$619
Family	\$944	\$1089	\$1459

314-290-8500

www.centerofclayton.com

50 Gay Avenue
Clayton, MO 63105

Center of Clayton @CenterOfClayton

Hours

Monday - Thursday 5:15 am - 10:00 pm
 Friday 5:15 am - 9:00 pm
 Saturday 7:00 am - 7:00 pm
 Sunday 7:00 am - 6:00 pm

Summer Holiday Hours

May 25 Memorial Day 9:00 am - 5:00 pm
 July 4 Independence Day 9:00 am - 5:00 pm

SUMMER

MEMBERSHIPS & PASSES ON SALE NOW!
 Do it all with: **PLATINUM MEMBERSHIP**

Summer Membership - Great for those in town for the summer who want to exercise indoors. These are available beginning May 15 and automatically expire August 31 with the option to move to monthly without startup fees.

	Resident	Corporate	General
Youth (3-17)	\$84	\$94	\$104
Adult	\$124	\$144	\$169
Senior (60+)	\$99	\$114	\$124
Family	\$209	\$239	\$289



KID CENTER

(Ages 8 weeks - 8 years) The Kid Center provides quality nursery service for your children while you exercise or take programs at The Center of Clayton. Social interaction is encouraged through activities and free play. Parents **MUST** remain in the building while children are in the Kid Center.

Kid Center Hours

Monday - Friday	8:00 am - 12:00 pm
Monday - Thursday	4:00 pm - 8:00 pm
Saturday	8:00 am - 12:30 pm
Sunday	CLOSED

Reservations - Reservations are required (2 hour maximum) and can be made at the Welcome Desk or 314-290-8500. If there are no reservations the Kid Center will close 1 hour earlier than scheduled. If reservations are not cancelled at least 2 hours in advance a \$5.00 fee per child will apply.

Fees - Kid Center is included with Family membership. Admission for children not covered under a family membership is \$5 per child per hour (1 hour minimum, 2 hour maximum).

Punch Cards - Punch cards are available at 10 hours for \$45 or 20 hours for \$90. Each punch is good for one hour of child care per child in the Kid Center.

Annual Kid Center Pass - Annual passes are available for members and program participants. Annual and 6-month passes are available at a cost of \$400 and \$200 respectively, for the first child. Additional children may be added at a reduced rate.

Center of Clayton Age Restrictions

Children ages 8 and under can participate in programs led by an instructor without a parent present in the program space or play in the Kid Center while their parent uses the facility. Children within this age category must be supervised by a parent or responsible individual age 15 and older to utilize any area of the facility.*

Children ages 9 - 11 can swim in the Leisure Pool, use the Youth Activity Center, use the track, swim laps in competition pool and participate in programs led by an instructor without a parent present in the program space. Children in this category must have the supervision of a parent or responsible individual age 15 and older to utilize any other area of the facility.*

***Note: Children in the above age categories are not permitted access to the hot tub, free weight room or fitness center.**

Children ages 12 - 13 can use the cardiovascular equipment with a parent after successful completion of a fitness orientation; they may also utilize the facility, with the exception of the hot tub, free weight room or fitness center stack weight equipment, without direct supervision.

Ages 14 and up: Full facility access.



YOUTH ACTIVITY CENTER

(Ages 6-13) The Youth Activity Center (YAC) provides children with a safe and exciting place to be physically active while parents enjoy The Center. Children must be checked in and out by a parent or guardian. The YAC is designed for the independent play of children, but parents are welcome to watch from the lobby. If a class is taking place during morning YAC hours, please check Court 2. If there are no participants, the YAC will close 30 minutes early.

Open Play Hours

Monday - Thursday	4:00 pm - 8:00 pm
Saturday	8:00 am - 12:00 pm
Sunday	9:00 am - 12:00 pm



Renovation Location - thru May

The YAC will be moved to the second floor meeting rooms during renovation. No morning or holiday hours will be held.

Summer Hours (June 1 - August 21)

Monday - Thursday	9:00 am - 12:00 pm & 4:00 pm - 8:00 pm
Friday	9:00 am - 12:00 pm
Saturday	8:00 am - 12:00 pm
Sunday	9:00 am - 12:00 pm

Holiday Hours - The Youth Activity Center will have Open Play hours on holidays as follows:

Saturday, July 4	9:00 am - 12:00 pm
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Fees - The YAC is free with family or youth membership! Non-members may use the YAC by paying The Center's daily fee at the Welcome Desk and presenting the receipt to the YAC attendant.

ages:	0-8	9-11	12-13	14+
Climbing Wall	S	S	B	F
Gyms	S	S	F	F
Fitness Center	X	X	S	F
Track	S	B	F	F
Pools	S	B	F	F
Hot Tub	X	X	X	F
Weight Room	X	X	X	F
Youth Activity Center	B	B	F	X

Chart Key

X	Not permitted at this age
S	Permitted with guardian* Supervision
B	Permitted if a guardian* is in the Building
F	Full access

*Guardians may be any responsible individual age 15+



RECREATIONAL SWIM

Recreational Swim - The Leisure Pool features water-pouring animals, a lazy river, vortex, and two slides, which operate during these designated recreational swim hours:

Through May 29

Monday	No Recreational Swim
Tuesday & Thursday	4:30 pm - 8:30 pm
Wednesday	7:00 pm - 8:30 pm
Friday	4:30 pm - 8:45 pm
Saturday	11:00 am - 6:45 pm
Sunday	11:00 am - 5:45 pm

May 30 - August 16 (Summer Recess)

Monday	No Recreational Swim
Tuesday & Thursday	12:00 pm - 8:30 pm
Wednesday	7:00 pm - 8:30 pm
Friday	12:00 pm - 8:45 pm
Saturday	11:00 am - 6:45 pm
Sunday	11:00 am - 5:45 pm

Holiday Hours - During School District of Clayton holidays and scheduled closings, Recreational Swim will be held as follows:

Monday, May 25	12:00 pm - 4:45 pm
Saturday, July 4	11:00 am - 4:45 pm

Splash & Play - (Ages 6 months - 6 years) Children need time to discover the water outside of structured swim lessons. This special time is set aside for children 6 months to 6 years old and their parents to enjoy the shallow portion of the Leisure Pool. Parents are expected to directly supervise their children.

Monday - Friday	10:00 am - 12:00 pm
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June 8 - July 17

Monday - Friday	11:00 am - 12:00 pm
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Child members enjoy this program FREE of charge. Non-members may use the Splash & Play time by paying a daily admission fee.

Water Walking - Water walking is available during designated hours in the Lazy River area of the Leisure Pool. Water walking through the river must be continuous in either direction. For better traction during the workout, water walkers are advised to wear non-skid shoes in the pool.

Monday - Friday	6:00 am - 9:00 am & 12:00 pm - 3:00 pm*
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*Please note: Water walking is subject to change for holiday hours and specialty programs. On days with holiday hours, and during Summer Recess, afternoon water walking is not available.

Open Dive - At least one diving board is available in the Competition Pool on Saturdays and Sundays from 2:00 pm to 4:00 pm.



LAP SWIM

Lap Swim - Lap swimming is available in the Competition Pool and the Leisure Pool. Lap swim is defined as independent continuous swimming in lap lanes. During all hours that the facility is open, a minimum of two lap lanes are available to the public. For current lap lane availability, please pick up a current lap lane availability chart from the Welcome Desk, pool area or www.centerof-clayton.com. **Please note:** Lap swimming ends 15 minutes prior to the facility closing.



HOT TUB

Hot Tub - The hot tub is available throughout the day, but closes 15 minutes prior to the facility closing.



OPEN CLIMB

Open Climb - (Ages 5+) This time is scheduled for anyone ages 5+ to climb the wall. No registration is necessary to attend. Center-certified staff will offer belay and limited instruction. Patrons may also belay after passing a safety test. Climbing time may be limited dependent on the total number of guests climbing.

Tuesday & Thursday	5:30 pm - 9:00 pm
Saturday	9:00 am - 12:00 pm
Sunday	1:00 pm - 4:00 pm

Climbing shoes, harness, belay device and belayer are included in Open Climb.

Room Rentals

Room Rentals

First floor banquet/meeting rooms have seating for 10-180 depending on set up. Rooms can be combined into one large conference or divided into three separate meeting spaces. WiFi, dry erase board, easel and drop down screen available free of charge. All room rentals are priced hourly with a 2 hour minimum. A refundable security deposit on a credit card is required at the time of booking.

	Mem./Res.	Corp.	General
1 Section (24' x 36')	\$30	\$35	\$50
2 Sections (48' x 36')	\$50	\$55	\$70
3 Sections (72' x 36')	\$70	\$75	\$90



Preferred Caterers

Our preferred caterers are chosen for their quality, service and selection to provide a variety of choices in menu and pricing. Preferred caterers have access to our on-site kitchen. Alcoholic beverages can only be served in The Center through one of our preferred caterers whose menu includes the service of alcoholic beverages.

Current preferred caterers are listed below. Full contact information and links to their websites can be found on the catering page at www.centerofclayton.com/rentals.

Catering By The Christy	352-4800
C.J. Muggs	963-1976
Healthy Meal Creations	456-8649
Pasta House	644-1400
Picnic People	353-4700
Russo's Catering	427-6771

Use of Non-Preferred Caterers

Non-Preferred Caterers are permitted with the following restrictions: Food can be brought in warm but cannot be cooked on premises. Food can be kept warm with electric heat only. Open flames such as heating fuel or sterno are not permitted. Non-preferred caterers may only serve non-alcoholic beverages at The Center of Clayton. Renter may have access to the kitchen for a flat fee of \$50.

Activity Area Rentals

Activity areas in The Center of Clayton may be rented independently or in conjunction with a room rental. This option can help add an extra touch of fun to make your event even more memorable. Areas can be privately rented when no member activities or programs are being held. Group general admission to The Center is also available.



Leisure Pool includes a slide, vortex, lazy river, zero depth entry and toddler play area. Adults must accompany children in the water and non-swimmers at all times.



Gymnasiums: Get family and friends together for basketball, dodgeball, volleyball or games. Limited availability.



Climbing Wall: Private groups may rent our 500-square-foot climbing wall for their next group outing! Rental includes climbing gear and two of The Center of Clayton's certified belayers. In order to provide climb time for each participant, we recommend a maximum of 10 climbers an hour.

For activity area rates visit www.centerofclayton.com/rentals.

New swim party
packages and room
COMING SOON!
For the latest details, visit
centerofclayton.com

ENRICHMENT

CLIMBING



Kids' Climb

This is a fun and exciting rock climbing class for KIDS! Our experienced climbing staff will teach kids the basics of climbing in an enthusiastic and encouraging environment. No experience is necessary. *(Min/Max 2/8)*

Ages: 5-13

Location: Climbing Wall

Day	Dates	Time	Code
Sa	Jun 6-Jun 20	1:00p-2:00p	34205
Sa	Jul 11-Jul 25	1:00p-2:00p	34206
Sa	Aug 1-Aug 15	1:00p-2:00p	34207

Cost: Mem \$40 | Res \$45 | Gen \$55

Private Climbing Lessons

Ages: 5+

Improve your climbing and belaying technique by taking private lessons at The Center. Classes are arranged by the instructor and participants.

One 60 minute lesson

Member/Resident \$35

General Admission \$40

Each additional person \$10

Four 60 minute lessons

Member/Resident \$105

General Admission \$120

Each additional person \$20

If you have a small group of people and want specific lessons for your group, please contact Patrick Magee at pmagee@claytonmo.gov or 314-290-8510. Our instructors will tailor a lesson to meet your needs and will also schedule based on your availability. The cost for your lesson will be based on group size and lesson length.

MARTIAL ARTS

Youth Karate Shorin-Ryu

This class builds self-confidence, balance, pride, strength, and security with instruction by Sensei David Cloud, 7th Degree Black Belt. Uniforms are required and will be available after the first class at an additional charge from the instructor. *(Min/Max 6/25)*

Ages: 5-13

Location: Wrestling Room

Instructor: Sensei David Cloud

Day	Dates	Time	Code
Tu	Apr 28-Jun 16	6:30p-7:30p	33794
Tu	Jun 23-Aug 11	6:30p-7:30p	34377

Cost: Mem \$60 | Res \$67 | Gen \$73

Taekwondo Club

Both adults and kids are invited to join our Taekwondo Club at the Center of Clayton. Master Mike Hill, a 4th degree black belt, has been actively involved in Taekwondo for over 20 years and has competed at the highest level of Olympic Style competition in the United States. Get in shape and build strength, agility & speed while learning the most widely practiced martial art in the world. Classes are appropriate for all skill levels. *(Min/Max 6/25)*

Ages: 6+

Location: Wrestling Room

Instructor: Mike Hill

Day	Dates	Time	Code
W	Apr 29-Jun 17	6:30p-7:30p	33787
W	Jun 24-Aug 12	6:30p-7:30p	34376

Cost: Mem \$60 | Res \$67 | Gen \$73



Summer Camps

The grid below shows which camps are offered in the corresponding weeks including the camp's name, ages, time, drop-off / pick-up location, registration code and prices for Members / Residents and Non-Residents. Additional details at www.claytonmo.gov/camps.

Camp Name	Ages	Time	Location	Registration	Mem & Res / Gen	
WEEK 1: JUNE 1 - 5						
AM	Water Sports	ages 6-12	9:00a-12:00p	Shaw Park Pool	Code: 32363	\$125 / \$145
	Baseball	grade 3-8	9:00a-11:30a	Adzick Field (#7)	Code: 32255	\$100 / \$110
	Cheer	grade K-8	9:00a-12:00p	CHS Commons	Code: 32215	\$150 / \$160
	Golf	grade 3-5	9:00a-11:30a	Gay Field	Code: 32253	\$115 / \$125
	Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32317	\$195 / \$220
	Zarky Soccer	ages 5-13	9:00a-12:00p	Shaw Park	Code: 32341	\$125 / \$145
Lunch Bunch	all ages	12:00p-1:00p	Center of Clayton	Code: 32195	**See above	
PM	Aquatic	ages 5-12	1:00p-4:00p	Center of Clayton	Code: 32392	\$125 / \$145
	LEGO® - Wizards	ages 7-12	1:00p-4:00p	Center of Clayton	Code: 32431	\$175 / \$195
	Climbing	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32329	\$125 / \$145
	Cheer	grade K-8	1:00p-4:00p	CHS Commons	Code: 32390	\$150 / \$160
	Golf	grade 6-8	1:30p-4:00p	Gay Field	Code: 32254	\$115 / \$125
	Zarky Sports	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32345	\$125 / \$145
All	Basketball	grade 3-8	9:00a-3:00p	CHS Stuber Gym	Code: 32277	\$180 / \$190

WEEKS 1-6: JUNE 8 - JULY 17

The following programs will be held by Clayton Parks and Recreation during the School District of Clayton's SummerQuest program. **Please note: No Lunch Bunch June 8- July 17.**

June 8 - 12					
SCUBA	ages 8-14	9:00a-12:00p	Shaw Park Pool	Code: 32361	\$199 / \$229
Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32318	\$195 / \$220
June 15 - 19					
Water Polo	ages 6-14	9:00a-12:00p	Shaw Park Pool	Code: 32360	\$150 / \$175
Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32319	\$195 / \$220
Speed (M-Th)	grade 3-12	12:00p-2:00p	Gay Field	Code: 32506	\$125 / \$135
June 22 - 26					
Football - Fund.	ages 7-16	8:00a-12:00p	Gay Field	Code: 32337	\$150 / \$160
Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32320	\$195 / \$220
Speed (M-Th)	grade 3-12	12:00p-2:00p	Gay Field	Code: 32699	\$125 / \$135
June 29 - July 3					
Jr. Lifeguard	ages 11-14	9:00a-12:00p	Shaw Park Pool	Code: 32364	\$125 / \$145
Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32321	\$195 / \$220
July 6 - 10					
Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32322	\$195 / \$220
Speed (M-Th)	grade 3-12	12:00p-2:00p	Gay Field	Code: 32700	\$125 / \$135
July 13 - 17					
Water Polo	ages 6-14	9:00a-12:00p	Shaw Park Pool	Code: 32359	\$150 / \$175
Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32323	\$195 / \$220



SUMMERQUEST
 Produced by the School District of Clayton and located at Clayton High School, The Center of Clayton and Shaw Park, **SUMMERQUEST** offers a complete K-8 summer camp experience from June 8 - July 17! Visit www.summerquest.org for details.
Session I: June 8 - 19 | Session II: June 22 to July 3 | Session III: July 6 - 17

Details at www.claytonmo.gov/camps

	Camp Name	Ages	Time	Location	Registration	Mem & Res / Gen.
WEEK 8: JULY 20 - 24						
AM	SCUBA	ages 8-14	9:00a-12:00p	Shaw Park Pool	Code: 32365	\$199 / \$229
	Karate	ages 6-12	9:00a-12:00p	Center of Clayton	Code: 32557	\$150 / \$175
	Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32324	\$195 / \$220
	Zarky Soccer	ages 5-13	9:00a-12:00p	Shaw Park	Code: 32342	\$125 / \$145
	Lunch Bunch	all ages	12:00p-1:00p	Center of Clayton	Code: 32196	**See above
PM	Chess Wizards	ages 6-12	1:00p-4:00p	Center of Clayton	Code: 32352	\$180 / \$200
	Fencing	ages 7-15	1:00p-4:00p	Center of Clayton	Code: 32556	\$190 / \$210
	Climbing	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32330	\$125 / \$145
	Zarky Sports	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32346	\$125 / \$145
All	Basketball	grade 3-8	9:00a-3:00p	CHS Stuber Gym	Code: 32284	\$180 / \$190
WEEK 9: JULY 27 - 31						
AM	Football-Advanced	ages 7-16	8:00a-12:00p	Gay Field	Code: 32338	\$150 / \$160
	Karate	ages 6-12	9:00a-12:00p	Center of Clayton	Code: 32559	\$150 / \$175
	Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32325	\$195 / \$220
	Volleyball	grade 6-8	9:30a-11:30a	CHS Stuber Gym	Code: 32244	\$100 / \$110
	Lunch Bunch	all ages	12:00p-1:00p	Center of Clayton	Code: 32197	**See above
PM	Aquatic	ages 5-12	1:00p-4:00p	Center of Clayton	Code: 32368	\$125 / \$145
	LEGO® - Ninjas	ages 5-7	1:00p-4:00p	Center of Clayton	Code: 32351	\$175 / \$195
	Fencing	ages 7-15	1:00p-4:00p	Center of Clayton	Code: 32558	\$190 / \$210
	Climbing	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32331	\$125 / \$145
WEEK 10: AUGUST 3 - 7						
AM	Jr. Lifeguard	ages 11-14	9:00a-12:00p	Shaw Park Pool	Code: 32364	\$125 / \$145
	Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32326	\$195 / \$220
	Zarky Soccer	ages 5-13	9:00a-12:00p	Shaw Park	Code: 32343	\$125 / \$145
	Lunch Bunch	all ages	12:00p-1:00p	Center of Clayton	Code: 32205	**See above
PM	Secret Agent	ages 5-12	1:00p-4:00p	Center of Clayton	Code: 32349	\$180 / \$200
	Fencing	ages 7-15	1:00p-4:00p	Center of Clayton	Code: 32560	\$190 / \$210
	Climbing	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32332	\$125 / \$145
	Zarky Sports	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32347	\$125 / \$145
WEEK 11: AUGUST 10 - 14						
AM	Master SCUBA	ages 8-14	9:00a-12:00p	Shaw Park Pool	Code: 32373	\$199 / \$229
	Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32327	\$195 / \$220
	Zarky Soccer	ages 5-13	9:00a-12:00p	Shaw Park	Code: 32344	\$125 / \$145
	Lunch Bunch	all ages	12:00p-1:00p	Center of Clayton	Code: 32206	**See above
PM	Aquatic	ages 5-12	1:00p-4:00p	Center of Clayton	Code: 32367	\$125 / \$145
	Underground Xplrs	ages 6-12	1:00p-4:00p	Center of Clayton	Code: 32350	\$180 / \$200
	Climbing	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32333	\$125 / \$145
	Zarky Sports	ages 5-13	1:00p-4:00p	Center of Clayton	Code: 32348	\$125 / \$145
WEEK 12: AUGUST 17 - 21						
	Tennis	ages 4-14	9:00a-12:00p	Shaw Park Tennis	Code: 32328	\$195 / \$220



Oasis is the premier program provider for older adults in Clayton. Join us for fun and stimulating educational classes, volunteer opportunities and exercise programs. We invite you to pop into our office on the second floor of the Center of Clayton to learn what we're all about. For a full listing of all that Oasis has to offer, visit www.stloasis.org or call 314.862.4859 ext. 24.

We can keep you in fresh adventures all summer long! Join us for programs like:

The Arts

Pallet Painting

May 12 - Make a "Welcome" sign with easy instructions and materials included!

The House of Medici

May 26 - Delve into one of European history's famed families, which produced four popes and made Florence the artistic cradle of Renaissance.

Cinematic History: Steven Spielberg

June 19 - Find out what makes him one of the most successful directors in film history, through film clips, stories and more.

The Lodge that Levis Built: Architect Preston J. Bradshaw's Vision for a Magnate

July 22 - Learn about "the Tea House" that perches on the Mississippi River bluffs north of Alton.

Introduction to Improv

August 4 - Learn the basics of improvisational theater through fun games in a safe and supportive environment.

History

African Americans in Civil War Medicine

June 8 - Learn more about selfless acts of African American men and women who cared for the wounded, sick and dying during the U.S. Civil War.

Rightfully Hers: American Women and the Right to Vote

June 16/July 21/August 18 - The 19th Amendment was ratified on August 18, 1920. In a three-part series, explore the movement's roots, the fight and beyond.

The Amazing Pere Lachaise Cemetery in Paris

July 16 - With cobblestone pathways and ornate tombs, this "must-see" cemetery is the resting place for such famed artists as Chopin, Jim Morrison, Oscar Wilde.

The Sinking of the Essex: The True Story Behind *Moby Dick*

July 28 - While *Moby Dick* is a literary staple, the true story is found in the tale of the Essex, an American whaler ship. Join us to find out what really happened!

Current Events

Raising an Aging Parent Workshop

May 21 - Best-selling author and internationally known expert on family psychology, Dr. Ken Druck, leads a day of lecture, group discussion and experiential learning.

Information and Entertainment on your iPhone

May 29 - Books, music, news – you can find it all on your iPhone and we will help you to manage it all.

Great Minds in Brain Science

June 2 - Understanding how perception affects memory is just one of the many things this Washington University professor of psychology and brain science studies.

Confronting Challenges in Medical Ethics

August 4 - Gain a greater understanding of the ethical dilemmas doctors face as Dr. Ira Kodner presents real-life stories.

Fact & Fiction: What's Really in a Hot Dog?

August 18 - An expert on meat processing technology digs into the facts on hot dogs.

Volunteering

Office Administration

Help keep our Clayton office humming by answering calls, taking registrations and working behind the scenes on events and programs. Call 314.862.4859 ext. 23 to learn more.

Look for the Symbol



This symbol denotes other programs in this catalog that are great for older adults.

This is just a sampling of what Oasis offers in Clayton! For fees and other details, pick up a full Oasis Summer 2020 catalog on the second floor of the Center of Clayton or www.stloasis.org

Center of Clayton
Enrichment
Fitness
Swim Lessons
Shaw Pool
Sports Leagues
Tennis
Parks



Boot Camp



No Nonsense. No Excuses. Just Results! That sums up the approach taken in class for the last 18 years. Despite the group setting, this class challenges participants

individually and provides an environment that allows each person to give their best and expect significant results. Classes consist of resistance training, calisthenics, short runs and drills designed to work every muscle in the 60 minutes. Participants in boot camp are from every walk of life and fitness level but have one thing in common - they get results. The average time in our program is 8 years because it keeps working. Bring a water bottle and a good work ethic. (Min/Max 15/65)

Ages: 14+

Location: Gym 3 / Shaw Park

Days	Dates	Time	Code
M,W,F	Apr 13-May 15	6:00a-7:00a	31238
M,W	Apr 20-May 20	5:30p-6:30p	31240
M,W,F	May 18-Jun 26	6:00a-7:00a	34035
M,W	May 27-Jun 24	5:30p-6:30p	34031

M,W,F	Jun 29-Jul 31	6:00a-7:00a	34036
M,W	Jun 29-Jul 29	5:30p-6:30p	34032
M,W,F	Aug 3-Sep 4	6:00a-7:00a	34037
M,W	Aug 3-Sep 2	5:30p-6:30p	34033

Cost: Mem&Res \$195 | Gen \$210

Cost: Mem&Res \$130 | Gen \$140

Cost: Mem&Res \$221 | Gen \$238

Cost: Mem&Res \$117 | Gen \$126

Essentrics

Essentrics is a full body workout that changes and aligns your body through strengthening and stretching. The Esmonde-White technique develops lean, strong and flexible muscles that change the overall shape of your body and posture. It draws from Tai-Chi, creating flow & balance; theories of ballet, which creates long, lean & flexible muscles; and the pain relieving principles of Pilates and physiotherapy. (Min/Max 6/25)

Ages: 14+

Location: Mind Body Room

Day	Dates	Time	Code
Tu	Apr 28-Jun 16	11:00a-12:00p	33862
Tu	Jun 23-Aug 11	11:00a-12:00p	33870

Cost: Mem \$60 | Res \$72 | Gen \$96

Slimnastics

This low-intensity, low-impact class combines cardiovascular conditioning with strength and flexibility exercises. Great for beginners and seniors! (Min/Max 6/25)

Ages: 14+

Location: M,W - Mind Body Room,
Tu,Th - Aerobics Room

Days	Dates	Time	Code
M,W	Apr 27-Jun 17	8:30a-9:25a	33857
Tu,Th	Apr 28-Jun 18	8:30a-9:25a	33858
M,W	Jun 22-Aug 12	8:30a-9:25a	33873
Tu,Th	Jun 23-Aug 13	8:30a-9:25a	33915

Cost: Mem \$16 | Res \$36 | Gen \$40

FITNESS



Your Race, Your Pace - Intro to 5K Training

Looking to improve your fitness level? Training for a 5K is a great way to get started. You will be joining others looking to improve their fitness level and overall health. This 5K training program will give you the tools you need. Each session will include strategies to help you meet your goal, ways to keep on track, and a weekly walk/run. With group runs and an 8-week training plan, you will be ready for your first 5K. Our goal will be a run on Independence Day. (Min/Max 6/25)

Ages: 14+

Location: Meet in front of Center of Clayton

Day	Dates	Time	Code
W	May 20-Jul 8	6:00p-6:55p	33811

Cost: Mem \$40 | Res \$55 | Gen \$70



Wellness that Works.

**Tuesdays at
The Center of Clayton**

7:30 am with Bonnie
12:30 pm with Teresa

For details visit:
www.weightwatchers.com

Programs with fewer than 6 registered participants may be cancelled 5 days prior to the start date.

No classes will be held on:

Memorial Day Monday, May 25
Independence Day Saturday, July 4

Course fees adjusted upon registration for classes not held on holidays.

LOOK FOR THE SYMBOL



This symbol denotes programs in the catalog that are great for older adults.

PARTICIPATION OPTIONS:

1. PROGRAM REGISTRATION

Registration entitles (and motivates) participants to attend all scheduled class meetings.

2. PAY-BY-DAY (Mem, Res, Gen)

Group Fitness \$8
Indoor Cycling \$10
Barre, Yoga, Pilates, Tai Chi, TRX, & Yoga Cycle \$15

Current schedules online at
www.centerofclayton.com/fitness

Group Fitness (Aerobics Room)

Center of Clayton
Enrichment
Fitness
Swim Lessons
Shaw Pool
Sports Leagues
Tennis
Parks

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00a	Insanity & More Ben 33789 / 33875	Strong Echo 33855 / 33959	Cardio Combo Ben 33856 / 33904	Strong Echo 33982 / 33983			**No Kid Center service on Sundays
8:30a	(MB Room) Slimnastics (M/W) Joy 33857 / 33873	Slimnastics (Tu/Th) Debbie 33858 / 33915	(MB Room) Slimnastics (M/W) Joy 33857 / 33873	Slimnastics (Tu/Th) Debbie 33858 / 33915			
8:30a	Cardio Pump Reann 33813 / 33867	9:30a Zumba Debbie B. 33815 / 33921	Cardio Pump Liz 33798 / 33918		Cardio Pump Gina 33790 / 33896	8:00a Pump Moir/Laura 33772 / 33912	
9:30a	Pump Reann 33783 / 33887	11:00a (MB Room) Essentrics Gay 33862 / 33870	Pump Liz 33810 / 33879	Zumba Debbie B. 33768 / 33889	Pump Gina 33773 / 33906	9:00a Zumba Leslie 33806 / 33897	
12:00p	Balance for Life Maurie 33859 / 33871	11:30 am Barre Fitness Liz 33807 / 33888	Balance for Life Maurie 33860 / 33899				
4:00p							Zumba Michele K. 33785 / 33907
5:30p	H.I.I.T. Maurie 33927 / 33928	Pound Kristen 33925 / 33926	Insanity Live Ben 33801 / 33923	Total Body Conditioning Laura 33770 / 33885	<div style="border: 2px solid green; border-radius: 15px; padding: 10px; text-align: center;"> <p>Key</p> <p>Class Name Instructor* Summer 1 Code / Summer 2 Code</p> <p>Summer 1: April 27 - June 21 Summer 2: June 22 - Aug. 16</p> <p>*Instructor subject to change.</p> </div>		
6:30p	Pump Laura 33797 / 33886	Zumba Leslie 33793 / 33909	Barre Fitness Moir 33765 / 33917				
7:30p	Zumba Priscilla 33771 / 33913						

Price based on 8 class session, shorter session fees reduced at registration.

Member \$8 - Resident \$40 - General Admission \$44

Balance for Life

Class will work to improve leg strength, posture, and coordination, all of which are key elements of balance. Class is performed both standing and seated, using body weight, dumbbells, and resistance tubing.

Barre Fitness

A full body workout that blends Pilates, stretch and traditional ballet choreography to define and challenge the body. Small controlled movements, isometric holds, light weights, high repetition and upbeat music are used to work the entire body in a low-impact, high-intensity fun class.

Cost: Mem \$40 | Res \$72 | Gen \$80

Cardio Combo

This high-energy workout increases metabolism by pushing you through intervals of exercise and recovery. Each day will combine both cardio and resistance exercises. Your heart rate will rise, your muscle tone will improve, and your agility will increase.

Cardio Pump

This is your cardio and strength workout all in one. Strength intervals mixed with short burst cardio intervals will build endurance and muscle strength. Each class will include various resistance equipment and formats to keep you challenged.

H.I.I.T.

Blast fat and calories with this high intensity workout. HIIT is a training technique with short, intense, unsustainable burst of physical activity paired with intervals of quick rest. It will get and keep your heart rate up and burn more fat in less time.

INSANITY

This revolutionary cardio-based total body conditioning program is based on the principles of MAX Interval Training, which results in more calories burned, faster results, and a more efficient metabolism. Modifications are provided for all fitness levels.

INSANITY & More

Take your body to the limit! Some days will use resistance exercises to build strength & stability while others will use your body-weight. Make it as intense as you want. The result will be to burn fat and build power.

Pound®

Become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements.

Pump

Pump is a low impact based workout that strengthens and tones every major muscle group. Each class will incorporate different resistance equipment including weights, bands and stability balls along with Pilates style core resistance exercises.

Strong

Strong a is a high energy interval class set to pre-choreographed music, with the science of Synced Music Motivation. This class will raise your aerobic threshold, and help you build and tone muscle.

Total Body Conditioning

Total Body Conditioning combines various types of cardio and strength training exercises to get you moving and tone you up! An excellent full body workout followed by core training and stretch.

Zumba®

Zumba is an aerobic fitness program featuring fun, rhythmic, easy-to-follow routines performed primarily to Latin dance music, but also incorporates other music genres including pop music. The routines feature varied aerobic intervals with a combination of fast and slow rhythms that tone and sculpt the body. No dancing experience needed, Just jump right in and get started!

Yoga, Pilates & Tai Chi (Mind Body Room)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30a			(Meeting Room B) Yoga - Open Levels Renee 33812 / 33882				**No Kid Center service on Sundays
9:30a	Pilates MAT Natalie 33767 / 33890		Pilates MAT Natalie 33816 / 33891		Pilates MAT Natalie 33792 / 33900	10:15 am Yoga - Open Levels Jessica 33799 / 33901	
10:45a	Yoga - Open Levels Tarraugh 33781 / 33924		11:00 am Yoga - Mindful Flow Colleen 33863 / 33878	Yoga - Open Levels Tarraugh 33786 / 33881		11:15 am Yoga - Vinyasa Tarraugh 33791 / 33869	10:15 am (Aerobics room) Tai Chi Chen Ming 33788 / 33910
4:30p		Yoga - Mindful Flow Jessica 33864 / 33898		Yoga - Mindful Flow Lisa 33973 / 33974			
5:30p			Yoga - Vinyasa Tarraugh 33784 / 33872				
7:15p	6:30 pm Yoga - Open Levels Renee 33778 / 33914	Pilates MAT Debbie D. 33802 / 33902					

Key

Class Name
Instructor*
Summer 1 Code / Summer 2 Code

Summer 1: April 27 - June 21
Summer 2: June 22 - Aug. 16
*Instructor subject to change.

Pilates Mat

Pilates mat class employs body weight resisted movement to strengthen the core muscles of the pelvis, abdomen and back to improve balance and trunk strength and flexibility. Using your body weight as the primary source of resistance with a floor mat for cushion and support, this class emphasizes the foundational principals of Pilates while offering modifications and variations. Additional equipment including resistance bands and a Magic circle may also be incorporated. This class is appropriate for all levels.

(55 minutes)

Cost: Mem \$40 | Res \$72 | Gen \$80

Tai Chi Chen

The course is an introduction to Tai Chi where the core muscles are very important. You will be guided through movements that make the core strong, helping with balance and promote limber joints. These movements/ exercises build your chi, the life force energy which moves through your body. Making your chi strong is why Tai Chi exercises are good for your health and wellness, both mentally and physically. Both beginners and experienced participants are welcome.

(1 hr & 15 min)

Cost: Mem \$48 | Res \$80 | Gen \$88

Yoga - Mindful Flow

This class is designed to promote awareness of breath and movement. You'll practice different breathing techniques and a series of yoga sequences; with a slow pace that will give you time to connect with your breath and to turn inward. Some classes will also integrate the philosophy of yoga into the postures. All levels are welcome.

(55 minutes)

Cost: Mem \$40 | Res \$72 | Gen \$80

Yoga - Open Levels

Yoga - Open Levels is for those with previous yoga experience or beginners in good physical condition. Variations are offered to support different levels. Principles of breath and alignment are employed to increase strength, flexibility, and awareness. Taught in dynamic style, alternating movement synchronized with breath (vinyasa) and held postures (active stillness).

(55 minutes)

Cost: Mem \$40 | Res \$72 | Gen \$80

Yoga - Vinyasa

Vinyasa yoga is a flowing sequence of poses, synchronized with breath. Participants will move from one pose to the next, incorporating breath, awareness and alignment principles.

(1 hr & 25 min)

Cost: Mem \$48 | Res \$88 | Gen \$96

Yoga Cycle

classes are listed on the following page.

PARTICIPATION OPTIONS:

1. PROGRAM REGISTRATION

Registration entitles (and motivates) participants to attend all scheduled class meetings.

2. PAY-BY-DAY (Mem, Res, Gen)

Group Fitness	\$8
Indoor Cycling	\$10
Barre, Yoga, Pilates, Tai Chi, TRX, & Yoga Cycle	\$15



Private Pilates And Yoga

Take your yoga or Pilates practice to a higher level with individualized attention from one of our instructors. Master the poses, improve alignment and become in tune with your body like never before.

Sessions are available in individual, for 2 and team as listed in the personal training section. Options include Yoga, Mat Pilates, and Pilates Reformer.

More information is available at www.centerofclayton.com/personaltraining.

Programs with fewer than 6 registered participants may be cancelled 5 days prior to the start date.

No classes will be held on:

Memorial Day Monday, May 25
Independence Day Saturday, July 4

Course fees adjusted upon registration for classes not held on holidays.

Indoor Cycling (Mind Body Room)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45a	Indoor Cycling Renee 33808 / 33880	6:00a Yoga Cycle Suzan 33809 / 33877	Indoor Cycling Michelle D. 33800 / 33868	6:00a Yoga Cycle Suzan 33776 / 33876	Indoor Cycling Suzan 33769 / 33920		**No Kid Center service on Sundays
8:30a		Indoor Cycling Michelle D. 33795 / 33916		Indoor Cycling Renee 33804 / 33895			9:00a Indoor Cycling Paul 33782 / 33894
9:00a						Indoor Cycling Michelle D. 33777 / 33893	
6:00p		Indoor Cycling Kim 33779 / 33922		Indoor Cycling Kim / Margaret 33780 / 33903			

Indoor Cycling

Indoor cycling offers cardiovascular conditioning, endurance building and lower body strength training. The Stages Cycling bikes help you to set your own goals and track your fitness progress with performance gauged computers and the smooth magnetic resistance. Classes are high energy with a variety of formats including speed work, duration rides, and interval training to challenge both the seasoned outdoor cyclist and new riders. Riders must arrive on time to secure and set up their bike. (Min/Max 6/19)

Cost: Mem \$24 | Res \$52 | Gen \$58



Yoga Cycle

Yoga Cycle is a combination class starting with a lower intensity cycle class intended to provide a cardio workout and warm up the body to prepare for an alignment based yoga asana practice on the mat to strengthen and stretch the body. This class is appropriate for all levels of Indoor Cycling as well as Yoga. Truly a mind body class - like riding your bicycle to the yoga studio all in one room. (Min/Max 6/19)

(1 hr & 15 min)

Cost: Mem \$48 | Res \$80 | Gen \$88

TRX® (Gymnasium)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45a		TRX Renee 33796 / 33883		TRX Michelle D. 33803 / 33884			**No Kid Center service on Sundays
9:30a			TRX Renee 33774 / 33911	8:30 am TRX Michelle D. 33814 / 33874	TRX Renee 33766 / 33919		TRX Renee 33805 / 33905
10:30a							

TRX®

TRX® Suspension Training® is a revolutionary total-body fitness program that uses gravity against the individual's own body weight to simultaneously develop strength, balance, flexibility and core stability. This fast-paced class uses the TRX as well as sometimes incorporating other floor based cardio exercises to encourage heart rate elevation. Students with shoulder injuries should consult instructor to discuss beforehand. Some experience in strength based exercise is helpful. (Min/Max 6/13)

Ages: 14+

Cost: Mem \$40 | Res \$80 | Gen \$88



Key

Class Name
Instructor*
Summer 1 Code / Summer 2 Code

Summer 1: April 27 - June 21
Summer 2: June 22 - Aug. 16

*Instructor subject to change.

Programs with fewer than 6 registered participants may be cancelled 5 days prior to the start date.

No classes will be held on:

Memorial Day Monday, May 25
Independence Day Saturday, July 4

Course fees adjusted upon registration for classes not held on holidays.

Group Training

Syngry 360 Group Training

A small group circuit training class that creates energy and motivates participants of all fitness levels. You will focus on cardio, strength, endurance, and agility all in a 55 minute workout. Classes will be taught by one of our certified personal trainers.

(Min/Max 6/12)

Ages: 14+

Location: Center of Clayton

Day	Dates	Time	Code
M	Apr 27-Jun 15	9:30a-10:25a	34663
W	Apr 29-Jun 17	6:00p-6:55p	34664
Sa	May 2-Jun 20	10:30a-11:25a	34665
M	Jun 22-Aug 10	9:30a-10:25a	34667
W	Jun 24-Aug 12	6:00p-6:55p	34666
Sa	Jun 27-Aug 15	10:30a-11:25a	34668

Cost: Mem&Res \$80 | Gen \$88



Group Personal Training

Whether you are looking to lose weight, gain strength or improve your fitness level, Clayton Group Personal Training is the workout for you! Our Group Personal Training is designed for maximum calorie burn in a short period of time and to push you to your individual limits to get in the best shape of your life. Group Personal Training has a 12 to 1 client to trainer ratio to maintain individualized attention. Our well-trained Certified Personal Trainers, believe in helping their clients exceed their fitness goals in a safe environment and will inspire you to strive for your personal best.

(Min/Max 6/24)

Ages: 14+

Location: Center of Clayton / Shaw Park

Days	Dates	Time	Code
Tu,Th	Apr 28-Jun 18	9:30a-10:30a	34374
Tu,Th	Jun 23-Aug 13	9:30a-10:30a	34375

Cost: Mem&Res \$160 | Gen \$176

Personal Training

Fitstart Starter Pack

This 3 session starter package includes fitness assessment and two training sessions. You may use one session to meet with our Registered Dietitian. Offered only to new personal training customers. One package per client.

Member/Non-Member: \$150

Past Clients: If you have not purchased a Fitstart or other personal training package within the past year and would like to try training again, contact Molly Troy at 314-290-8514.

Individual Packages

Packages offer you savings on the number of sessions that fit your schedule. New clients will have a fitness assessment in first session. Existing clients may have assessment if desired.

1 Session (existing clients only)	10 Session Package
Member: \$70	Member: \$600
Non-Member: \$75	Non-Member: \$650
5 Session Package	20 Session Package
Member: \$325	Member: \$1100
Non-Member: \$350	Non-Member: \$1200

****New Clients:** Your first session will include a fitness assessment. Select from 5, 10 or 20 sessions only.

Training For Two

Training for Two saves you 25% off the normal package price. Partners can train together for 1, 5 or 10 sessions.

1 Session	10 Session Package
Member: \$52	Member: \$420
Non-Member: \$57	Non-Member: \$470
5 Session Package	Note: Price is Per Person
Member: \$235	Individual fitness assessment is required for each participant prior to Training for Two session.
Non-Member: \$260	

Team Training

Get together a group of 3-6 friends, family members or coworkers for a big discount on personal training when you sign up together.

1 Session Package	10 Session Package
Member: \$34	Member: \$300
Non-Member: \$40	Non-Member: \$360
5 Session Package	Note: Price is Per Person
Member: \$160	Individual fitness assessment is required for each participant prior to group session.
Non-Member: \$190	

****24 hour cancellation notice is required to retain cancelled session. To cancel or reschedule a session, please contact your trainer at the Fitness Center at 314-290-8524 or on their cell phone. Personal Training services at The Center of Clayton are to be performed only by City of Clayton Certified Personal Trainers. For more information, call Molly Troy at 314-290-8514.**

Group Water Fitness

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15a		Water Aerobics Laura/Peggy 34123 / 34134		Water Aerobics Peggy 34120 / 34135			
8:00a						Water Aerobics Joan 34117 / 34136	
9:15a	Shallow & Deep Water Combo Jeanne 34125 / 34131	Water Aerobics Cindy 34118 **	Shallow & Deep Water Combo Jill 34112 / 34132	Water Aerobics Peggy 34113 **	Shallow & Deep Water Combo Jeanne 34116 / 34133	<div style="border: 2px solid green; border-radius: 15px; padding: 10px;"> <p style="text-align: center;">Key</p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;">Class Name Instructor* Summer 1 Code / Summer 2 Code</p> </div> <p>Summer 1: April 27 - June 21 Summer 2: June 22 - Aug. 16 *Instructor subject to change.</p> </div>	
10:30a	Senior Water Exercise Diana 34115 / 34128	Water Works! Carol 34121 / 34137	Senior Water Exercise Jill 34111 / 34129	Water Works! Carol 34124 / 34138	Senior Water Exercise Jill 34114 / 34130		
5:45p	Current Calisthenics Coleen 34122 / 34126		Current Calisthenics Coleen 34119 / 34127				

Price based on 8 class session, shorter session fees reduced at registration.
Member \$8 - Resident \$40 - General Admission \$44

Low/Moderate Intensity

Senior Water Exercise

Improve overall balance, muscle strength, cardiovascular efficiency and endurance in this moderately paced warm-water aerobic workout. (Min/Max 8/28)

Ages: 60+

Location: Leisure Pool

Water Works!

Give attention to muscles and joints affected by arthritis, MS, osteoporosis and fibromyalgia in this no/low-impact movement class. (Min/Max 8/28)

Ages: 16+

Location: Leisure Pool

Moderate/High Intensity

Current Calisthenics

Tone muscles, build strength and improve stamina by exercising with and against the Lazy River current. (Min/Max 8/16)

Ages: 16+

Location: Leisure Pool

Water Aerobics

A fast-paced shallow-water aerobic workout designed to increase cardiovascular performance and build endurance. (Min/Max 8/30)

Ages: 16+

Location: Competition Pool

Shallow & Deep Water Exercise Combo

Shallow-water aerobic workout, deep-water resistance and strengthening workout and a warm-down for relaxation and stretching. (Min/Max 8/30)

Ages: 16+

Location: Competition Pool

PARTICIPATION OPTIONS

1. PROGRAM REGISTRATION

Registration entitles (and motivates) participants to attend all scheduled class meetings.

2. PAY-BY-DAY

For \$8 a visit, anyone, regardless of resident or membership status, may attend any water fitness class, provided it is not already filled with preregistered participants.

LOOK FOR THE SYMBOL



This symbol denotes programs in the catalog that are great for older adults.

Programs with fewer than 6 registered participants may be cancelled 5 days prior to the start date.

No classes will be held on:

Memorial Day Monday, May 25
Independence Day Saturday, July 4

Course fees adjusted upon registration for classes not held on holidays.



SWIM LESSONS

Private Aquatic Lessons

(Ages 3+) The City of Clayton offers private and semi-private instruction in swimming and diving. Clients will be contacted within one week of registration to arrange lessons. Private lesson forms can be found at the Welcome Desk at The Center of Clayton and online at www.claytonmo.gov/privateswimlessons.

Private Swim Lessons

Private Swim Lessons feature 1 on 1 instruction.

Four 30-min. lessons
Member \$102
Resident \$122
General Admission \$142

Eight 30-min. lessons
Member \$192
Resident \$232
General Admission \$272

Twelve 30-min. lessons
Member \$273
Resident \$333
General Admission \$393

Semi-Private Swim Lessons

Semi-Private Swim Lessons feature 2-to-1 instruction and is priced for 2 students. Participants should share similar skill levels to ensure effective lessons.

Four 30-min. lessons
Member \$130
Resident \$154
General Admission \$178

Eight 30-min. lessons
Member \$232
Resident \$280
General Admission \$328

Twelve 30-min. lessons
Member \$321
Resident \$393
General Admission \$465

Private Diving Lessons

Private Diving Lessons feature 1-on-1 instruction.

Four 45-min. lessons
Member \$120
Resident \$140
General Admission \$160

Eight 45-min. lessons
Member \$224
Resident \$264
General Admission \$304

Adults Swim Lessons

Instructors provide instruction for participants assigned to one of two groups:

Level 1: Water Adjustment and Stroke Development helps new swimmers explore the water and build confidence for breathing and stroke development.

Level 2: Endurance and Efficiency helps seasoned swimmers refine strokes and build endurance for a longer, more efficient swim. (Min/Max 4/6)

Ages: 13+

Location: Leisure and Competition Pools

Day	Dates	Time	Code
W	Apr 29-Jun 24	6:30p-7:00p	34700
W	Jul 1-Aug 19	6:30p-7:00p	34701

Cost: Mem \$58 | Res \$70 | Gen \$81

Adapted Swim Lessons



(Ages: 3+) The Adapted Swim Lesson program features 1-on-1 instruction for individuals with a diagnosed disability. Special attention is given to each participant's abilities and skills. Swim lessons are modified to meet participants' abilities and goals for independent swimming and safety. The Adapted Swim Lesson program is offered at a discounted rate thanks to a Scholarship Fund through the Clayton Century Foundation.

Participants must complete a Recreation Assessment prior to scheduling lessons. Please contact Malory Smysor at 314-290-8507 or mmsysor@claytonmo.gov to schedule a Recreation Assessment. An updated Recreation Assessment is required annually.

Visit www.claytonmo.gov/aquatics for package options, prices and request form.

Specialty Groups

These organizations operate in the City of Clayton and offer instruction and training in specialty areas. Please call them directly for more information:

Infant Swim Resource (ISR)

636-590-6993

CSP Tideriders Swim Team

314-727-7946

Clayton Diving Alliance

314-308-5525

Strike Zone Water Polo (Youth)

515-371-3146

Clayton Water Polo (Adult)

314-727-1177

Y-Kiki Divers

314-469-8722

Youth Competitive Swim Clinic

Swimmers interested in maintaining personal fitness through lap swimming will enjoy this coached workout. Students focus on improving endurance and efficiency in the four competitive strokes and practice starts, turns, lap swim etiquette, and physical conditioning. (Min/Max 4/10)

Prerequisite: Successful completion of Level 5 or demonstration of all Level 5 skills.

Ages: 8-16

Location: Competition Pool

Day	Dates	Time	Code
Su	May 3-Jun 7	4:00p-5:00p	34148

Cost: Mem \$44 | Res \$53 | Gen \$62

Springboard Diving

Spring into the water with diving lessons! Learn the fundamentals of springboard diving, beginning with simple body movements, forward and backward entries, and board work. Instructors will introduce new students to basic dives from the one-meter springboard and provide individualized instruction for more experienced divers. (Min/Max 4/10)

Ages: 7-14

Location: Competition Pool

Day	Dates	Time	Code
Su	May 3-May 24	4:00p-5:30p	34159

Cost: Mem \$40 | Res \$52 | Gen \$60

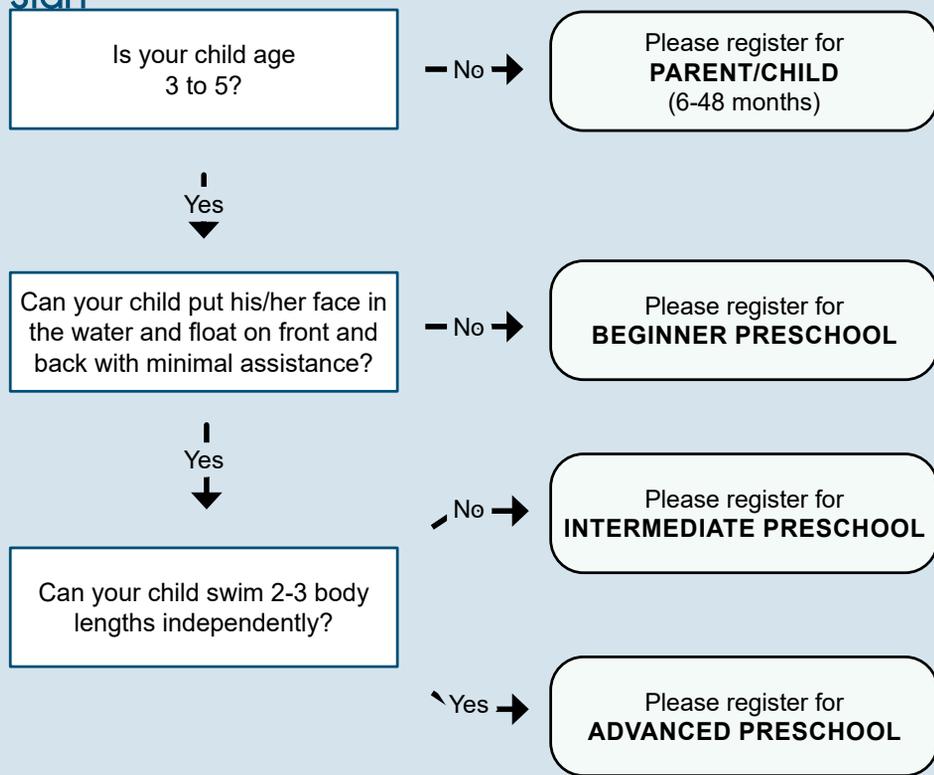
Infant - Preschool Swim Lessons

Choosing the right swim lesson is the first step in your child's aquatic education. It is important to select lessons that provide equal amounts of new challenges and old favorites in order to foster confidence, skill progression, endurance, and safe water practices.

We have outlined the critical prerequisite skills that determine class placement. Please use the flow chart to help identify the swim class that most appropriately matches your child's swimming skill level.

Infant - Preschool Swim Lesson Guide (ages 6 months - 5 years)

Start



Parent & Child

The Parent & Child lessons provide infants and toddlers with experiences and activities which promote learn-to-swim skills. Children will learn safe entry, exploring buoyancy on front and back, gliding on front and back, and submerging under water. Classes are divided by age on the first day of class.

Parent/Child Swim Lessons

Ages: 6-48 months

Location: Leisure Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	5:00p-5:30p	34145
W	Apr 29-Jun 24	5:45p-6:15p	34173
Sa	May 2-Jun 27	9:00a-9:30a	34162
Sa	May 2-Jun 27	10:30a-11:00a	34150
M	Jun 29-Aug 17	5:00p-5:30p	34187
W	Jul 1-Aug 19	5:45p-6:15p	34188
Sa	Jul 11-Aug 29	9:00a-9:30a	34189
Sa	Jul 11-Aug 29	10:30a-11:00a	34190



Additional swim lessons are available at Shaw Park Aquatic Center. See the following pages for details.

Preschool

(Ages: 3-5) The Preschool program is divided into 3 categories: Beginner, Intermediate, and Advanced. Each level builds on the skills of the previous level through guided practice. Beginner Preschool orients children to the aquatic environment. Intermediate Preschool helps children gain greater independence. Advanced Preschool helps children start to gain basic swimming propulsive skills.

Beginner Preschool

Location: Leisure Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	5:00p-5:30p	34142
M	Apr 27-Jun 22	5:45p-6:15p	34140
W	Apr 29-Jun 24	5:00p-5:30p	34171
W	Apr 29-Jun 24	5:45p-6:15p	34151
Sa	May 2-Jun 27	9:00a-9:30a	34160
Sa	May 2-Jun 27	9:45a-10:15a	34158
M	Jun 29-Aug 17	5:00p-5:30p	34221
M	Jun 29-Aug 17	5:45p-6:15p	34222
W	Jul 1-Aug 19	5:00p-5:30p	34223
W	Jul 1-Aug 19	5:45p-6:15p	34224
Sa	Jul 11-Aug 29	9:00a-9:30a	34225
Sa	Jul 11-Aug 29	9:45a-10:15a	34226

Intermediate Preschool

Location: Leisure Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	5:00p-5:30p	34164
W	Apr 29-Jun 24	5:00p-5:30p	34166
Sa	May 2-Jun 27	8:15a-8:45a	34155
Sa	May 2-Jun 27	9:45a-10:15a	34172
M	Jun 29-Aug 17	5:00p-5:30p	34227
W	Jul 1-Aug 19	5:00p-5:30p	34228
Sa	Jul 11-Aug 29	8:15a-8:45a	34229
Sa	Jul 11-Aug 29	9:45a-10:15a	34230

Advanced Preschool

Location: Leisure Pool

Day	Date	Time	Code
M	Apr 27-Jun 15	5:45p-6:15p	34191
W	Apr 29-Jun 24	5:45p-6:15p	34169
Sa	May 2-Jun 27	8:15a-8:45a	34152
Sa	May 2-Jun 27	10:30a-11:00a	34143
M	Jun 29-Aug 17	5:45p-6:15p	34192
W	Jul 1-Aug 19	5:45p-6:15p	34193
Sa	Jul 11-Aug 29	8:15a-8:45a	34194
Sa	Jul 11-Aug 29	10:30a-11:00a	34195

Price based on 9-class session, shorter session fees reduced at registration.

Member \$58 - Resident \$70 - General Admission \$81

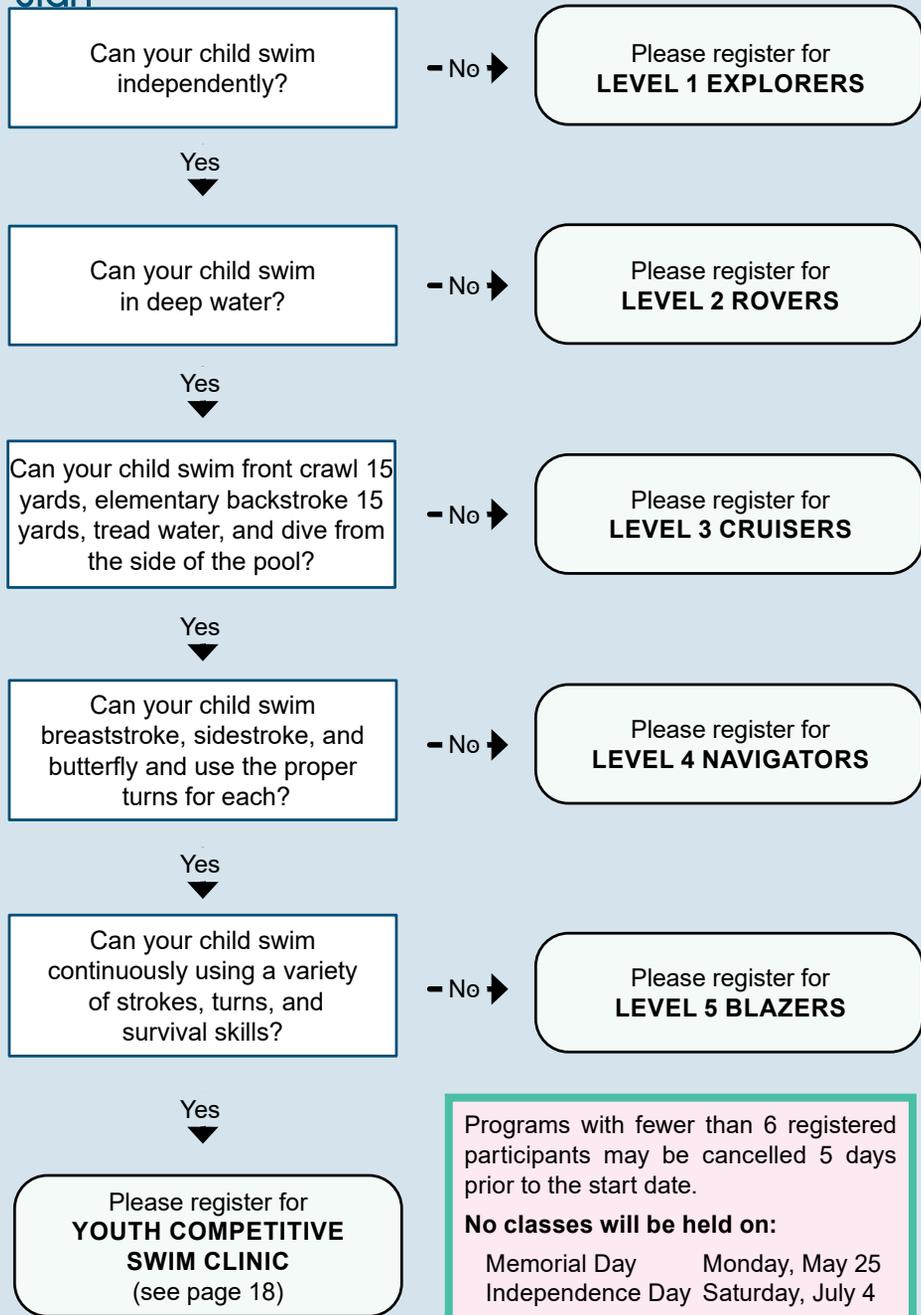
Youth Swim Lessons

Choosing the right swim lesson is the first step in your child's aquatic education. It is important to select lessons that provide equal amounts of new challenges and old favorites in order to foster confidence, skill progression, endurance, and safe water practices.

We have outlined the critical prerequisite skills that determine class placement. Please use the flow chart to help identify the swim class that most appropriately matches your child's swimming skill level.

Youth Swim Lesson Guide (ages Kindergarten - 13 years)

Start



Programs with fewer than 6 registered participants may be cancelled 5 days prior to the start date.

No classes will be held on:
 Memorial Day Monday, May 25
 Independence Day Saturday, July 4

Course fees adjusted upon registration for classes not held on holidays.

Level 1: Explorers

Location: Leisure Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	5:45p-6:25p	34153
W	Apr 29-Jun 17	5:00p-5:40p	34233
Sa	May 2-Jun 27	9:00a-9:40a	34154
Sa	May 2-Jun 27	9:45a-10:25a	34144
M	Jun 29-Aug 17	5:45p-6:25p	34231
W	Jul 1-Aug 19	5:00p-5:40p	34234
Sa	Jul 11-Aug 29	9:00a-9:40a	34232
Sa	Jul 11-Aug 29	9:45a-10:25a	34235

Level 2: Rovers

Location: Leisure Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	5:45p-6:25p	34156
W	Apr 29-Jun 24	5:00p-5:40p	34149
Sa	May 2-Jun 27	8:15a-8:55a	34161
Sa	May 2-Jun 27	9:45a-10:25a	34139
M	Jun 29-Aug 17	5:45p-6:25p	34236
W	Jul 1-Aug 19	5:00p-5:40p	34237
Sa	Jul 11-Aug 29	8:15a-8:55a	34238
Sa	Jul 11-Aug 29	9:45a-10:25a	34239

Level 3: Cruisers

Location: Competition Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	6:30p-7:10p	34147
W	Apr 29-Jun 24	6:30p-7:10p	34167
Sa	May 2-Jun 27	8:15a-8:55a	34163
M	Jun 29-Aug 17	6:30p-7:10p	34240
W	Jul 1-Aug 19	6:30p-7:10p	34241
Sa	Jul 11-Aug 29	8:15a-8:55a	34242

Level 4: Navigators

Location: Competition Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	6:30p-7:10p	34141
W	Apr 29-Jun 24	6:30p-7:10p	34146
Sa	May 2-Jun 27	10:30a-11:10a	34168
M	Jun 29-Aug 17	6:30p-7:10p	34243
W	Jul 1-Aug 19	6:30p-7:10p	34244
Sa	Jul 11-Aug 29	10:30a-11:10a	34245

Level 5: Blazers

Location: Competition Pool

Day	Date	Time	Code
M	Apr 27-Jun 22	6:30p-7:10p	34170
W	Apr 29-Jun 24	6:30p-7:10p	34157
Sa	May 2-Jun 27	10:30a-11:10a	34165
M	Jun 29-Aug 17	6:30p-7:10p	34246
W	Jul 1-Aug 19	6:30p-7:10p	34247
Sa	Jul 11-Aug 29	10:30a-11:10a	34248

Price based on 9-class session, shorter session fees reduced at registration.

Member \$58 - Resident \$70 - General Admission \$81



SHAW PARK AQUATIC CENTER

314-290-8590

www.claytonmo.gov/pool

Season Pass - Season passholders enjoy many benefits, including extended lap swim hours, drop-in Water Aerobics, and our popular Splash & Play program.

	Resident	Corporate	Non-Resident
Youth (3-17)	\$89	\$139	\$189
Adult	\$119	\$179	\$239
Senior (60+)	\$89	\$139	\$189
Family	\$209	\$279	\$479

Daily Admission - is for one-time use only and does not cover access to any classes or special pay activities. Daily class fees can be found in the aquatic section of this brochure. No refunds on daily fees. Clayton Advantage Card must be presented for Resident or Corporate rates.

	Resident	Corporate	Guest*
Youth (3-17)	\$5	\$6	\$7
Adult	\$7	\$8	\$9
Senior (60+)	\$5	\$6	\$7

***Non-resident Guests** - Season passholders and Clayton residents/corporate may bring non-resident guests to Shaw Park Aquatic Center. Non-residents must be accompanied by a passholder or resident/corporate with appropriate Clayton Advantage Card to gain admission to Shaw Park Aquatic Center.

Platinum Membership - The platinum membership gives you access to The Center of Clayton as well as Shaw Park's Aquatic Center and Tennis Center. Platinum memberships are sold only as annual passes.

	Resident	Corporate	General
Youth (3-17)	\$389	\$459	\$544
Adult	\$574	\$674	\$839
Senior (60+)	\$449	\$539	\$619
Family	\$944	\$1089	\$1459

Open Swim Hours

May 23 - August 16

Monday - Friday 12:00 pm - 8:00 pm
Sat., Sun. & Holidays 10:00 am - 8:00 pm

August 17 - September 7

Mon. & Wed. Closed
Tues. & Thurs. 4:00 pm - 8:00 pm
Friday 4:00 pm - 8:00 pm
Sat., Sun. & Holidays 10:00 am - 8:00 pm

**Full Lap Swim hours will be announced on the end of season schedule.*

Temporary Pool Closings

Fri., June 26 - Sun., June 28 - Shaw Park Aquatic Center will be closed for the CSP Tideriders Invitational Swim Meet.

Fri., July 10 - Sun., July 12 - The Dive Pool will be closed from 4:00 pm on July 12 to 4:00 pm on July 14 for the Clayton Senior Open Water Polo Tournament.

Aquatic Center Parking

Free lots are available at the north and south ends of Shaw Park. Metered spaces are located throughout Downtown Clayton and are free after 5:00 pm on weekdays and all-day on weekends. Accessible street parking spaces are located in the circular drive.

Swim Parties

Parties can be scheduled during Open Swim Hours or After Hours on the weekend. You may bring your own food and drink to enjoy in your party room or order from our concession stand vendor, Healthy Meal Creations.

Open Swim Hours Parties include a private room with tables and chairs and admission for up to 30 guests to the facility for 2 hours. Extra people may be added for \$5/person. Rates: Res. \$150 | Corp. \$160 | Non-Resident \$180

After Hours Parties are available on Fridays and Saturdays for up to 300 people. A refundable \$300 security deposit is required at the time of booking.

Hourly Rates: Res. \$290 | Corp. \$335 | Non-Resident \$380

Dates fill up fast - call 314-290-8516 to schedule your party today!

Aquatic Center Activities



FAMILY FUN NIGHTS

Enjoy extra family games and activities on special nights at Shaw Park Aquatic Center!

June 19, July 24, August 21
Fridays from 4:00 pm - 10:00 pm



Saturday, July 4 | 1-4pm

Join us for music, pool games, & Bomb Pops!

Youth Activities

Splash & Play

ages 6 months – 6 years
Infants, toddlers, and young children may enjoy the Children's Pool before it opens to the general public. Parents and caregivers are expected to directly supervise children in their care.

Please note: Children attending Splash & Play must be season passholders or pay the appropriate daily admission fee to participate. Parents and caregivers are free when accompanying a child.

June 1 – August 14
Monday - Friday 10:00 am - 12:00 pm

Season pass or admission fee required

Lap Swimming

Lap Swim

Lap Swim is available during all open swim hours. Season pass holders may also enjoy invigorating morning or evening lap swim while SPAC is closed to the general public (listed below). Lap swim is defined as independent continuous swimming in the lanes; recreational swim is not permitted during lap swim time.

May 26 – September 6
Monday - Friday 8:30 am - 12:00 pm
Monday - Thursday 8:00 pm - 10:00 pm
Saturday & Sunday 9:00 am - 10:00 am

Season pass or admission fee required

Early Morning Lap Swim

One lap lane will be available for early morning lap swimmers to share. Participants must register in advance at The Center of Clayton's Welcome Desk to receive a laminated card to present during Early Morning Lap Swim time. Registration is limited to Shaw Park Aquatic Center season pass holders. (Max 12)

Day	Dates	Time	Code
M-F	May 26-Sep 4	5:15a-6:45a	34183

Cost: \$42

Water Fitness

Water Aerobics

Start your day with outdoor water exercise! Each class includes a warm-up, a fast-paced shallow-water aerobic workout designed to increase cardiovascular performance and build endurance, and a warm-down session for stretching at the end of class. It's twice the workout on land in half the time! Prices based on 6 class session.

Ages: 16+

Day	Dates	Time	Code
Tu	Jun 2-Jun 30	9:15a-10:15a	34178
Th	Jun 4-Jul 2	9:15a-10:15a	34180
Tu	Jul 7-Aug 11	9:15a-10:15a	34198
Th	Jul 9-Aug 13	9:15a-10:15a	34202

Cost: Mem Free | Res \$30 | Gen \$33

Deep Water Exercise

Class includes deep-water resistance and strengthening workout, and a warm-down for relaxation and stretching. Flotation aids help maintain balance and buoyancy in deep water. While swimming ability is not required, comfort in deep water is essential. Prices based on 6 class session.

Ages: 16+

Day	Dates	Time	Code
Tu	Jun 2-Jun 30	6:00p-7:00p	34184
Th	Jun 4-Jul 2	6:00p-7:00p	34181
Tu	Jul 7-Aug 11	6:00p-7:00p	34185
Th	Jul 9-Aug 13	6:00p-7:00p	34186

Cost: Mem Free | Res \$30 | Gen \$33



Indoor Water Fitness

Indoor Water Exercise classes are held at The Center of Clayton. See page 17 for course descriptions, fees and details.

Center of Clayton
Enrichment
Fitness
Swim Lessons
Shaw Pool
Sports Leagues
Tennis
Parks

Outdoor Swim Lessons

The following swim lessons are offered outdoors during the Shaw Park Aquatic Center season. Participants should be signed up based on age. On the first day of lessons, participants will be tested and separated according to skill level. Additional levels are offered indoors at The Center of Clayton.

Parent/Child Swim Lessons

Ages: 6-48 months

Days	Dates	Time	Code
Tu,Th	Jun 2-Jun 25	9:30a-10:00a	34175
Tu,Th	Jun 2-Jun 25	10:15a-10:45a	34249
Tu,Th	Jun 30-Jul 23	9:30a-10:00a	34200
Tu,Th	Jun 30-Jul 23	10:15a-10:45a	34196
Tu,Th	Jul 28-Aug 20	9:30a-10:00a	34255
Tu,Th	Jul 28-Aug 20	10:15a-10:45a	34256

Preschool Swim Lessons

Ages: 3-5

Days	Dates	Time	Code
Tu,Th	Jun 2-Jun 25	9:30a-10:00a	34179
Tu,Th	Jun 30-Jul 23	9:30a-10:00a	34197
Tu,Th	Jul 28-Aug 20	9:30a-10:00a	34254

Beginner Youth Swim Lessons (levels 1-2)

Ages: Kindergarten-13

Days	Dates	Time	Code
Tu,Th	Jun 2-Jun 25	10:15a-10:55a	34182
Tu,Th	Jun 30-Jul 23	10:15a-10:55a	34201
Tu,Th	Jul 28-Aug 20	10:15a-10:55a	34253

Price based on 8-class session, shorter session fees reduced at registration. No classes will be held on Thursday, July 4.

Member \$52 - Resident \$62 - General Admission \$72

Advanced Outdoor Programs

Clayton Recreational Swim Clinic

Recreational Swim Clinic offers both instruction and fun competition. Participants will focus on the four competitive strokes, racing starts, and conditioning. Each participant should bring his/her own goggles and cap. Several fun meets will be scheduled during the season against other clinic participants; meet schedule and team activity calendar is available at www.claytonmo.gov/pool.

Prerequisite: Demonstration of 25-yard deep-end swim without stopping or struggling. Please note age requirements for each practice time.

Ages: 5-14

Location: Classes meet all days/times listed below for that age group. Mon. and Wed. practices held at Shaw Park Aquatic Center. Tue. and Thu. practices held at The Center of Clayton.

Day	Time	Code
Ages 5-7		
M-Th Jun 8-Jul 9	5:30p-6:30p	34177
M-Th Jul 13-Aug 13	5:30p-6:30p	34250

Ages 8-14

M-Th Jun 8-Jul 9	6:30p-7:30p	34174
M-Th Jul 13-Aug 13	6:30p-7:30p	34251

Member / Passholder / Resident \$120
General Admission \$150

Clayton Summer Dive Team

This diving program offers instruction and competition through affiliation with the Southwest St. Louis County Municipal Dive League. Participants will focus on the five dive groups, forward and backward entries, and approaches on the 1-meter springboard. (Min/Max 6/18)

Prerequisite: Demonstration of 25-yard deep-end swim without stopping or struggling.

Ages: 6-18

June Practice Location:

Mon./Wed. at The Center of Clayton

Tue./Thu. at Shaw Park Aquatic Center

July Practices: Shaw Park Aquatic Center

Meet schedule is available on the team webpage at www.claytonmo.gov/pool.

Conference Meet will be held July 10-11.

Day	Date	Time	Code
M-Th	Jun 1-Jul 9	4:00p-5:30p	34176
Member / Passholder / Resident \$156			
General Admission \$192			

Clayton Lifeguard Training

Ages: 15+

Lifeguarding at The Center of Clayton and Shaw Park Aquatic Center is managed by Midwest Pool Management (MPM). All MPM guards are required to have a Stargard Lifeguard Certification. Contact MPM at 314-432-1313 for application and a complete listing of available classes.

Kids Triathlon Clinic

This clinic is designed for children that have never participated in a triathlon before and are interested in learning more about the sport of triathlon. Children will learn tips to swim, bike and run and discover the best way to set up their transition area. On the first day, students must be able to swim 25 yards in the pool without stopping. Participants must also have their own bike and helmet. (Min/Max 4/10)

Meets: Sat. 9:00a-10:00a, Mon. 6:00p - 7:00p & Wed. 6:00p - 7:00 pm

Ages: 7-14

Location: Shaw Park Aquatic Center

Dates	Time	Code
Jul 25-Jul 29	See above	34252
Aug 01-Aug 05	See above	34199

Cost: Mem \$38 | Res \$42 | Gen \$52

ages 7-14



SWIM | BIKE | RUN
in Shaw Park

SUNDAY, AUGUST 9, 8:00AM

Learn more & register @
WWW.BIGSHARK.COM

YOUTH SPORTS LEAGUES

For more information about Clayton Parks and Recreation youth sports leagues, go online to www.claytonmo.gov/youthsports. No refunds or make-ups will be given for missed lessons or classes, except those cancelled by the department.



Balls-N-Strikes Little Sluggers

Join Balls-n-Strikes, with their proven track record of high-level instruction, for this newly-formatted 6-week T-Ball program. Instructors will cover all of the basic fundamentals within the game of baseball/softball by breaking down the game into smaller aspects for optimal learning. This will involve teaching hitting and throwing mechanics in a safe way that players will be able to carry with them throughout their playing days. Participants will be exposed to drills that can be used on and off the field and will focus on having fun while learning this great game. (Min/Max 10/25)

Ages: 3-5

Location: Shaw Park, Field #4

Day	Dates	Time	Code
Su	Apr 5-May 17	11:00a-12:00p	34548
Su	Apr 5-May 17	12:00p-1:00p	34684

Cost: Res \$75 | Gen \$90



Private Basketball Training

Private or semi-private basketball lessons are the perfect option for players looking to catch up or get ahead. Whether you are looking to improve before the season starts or looking to fine tune your game, we have an instructor to fit your needs. Private lesson forms can be found at the welcome desk at The Center of Clayton and online at www.claytonmo.gov/youthsports.

Youth Leagues

Clayton Parks and Recreation youth sports leagues are recreational leagues that emphasize fun, team play, cooperation and good sportsmanship. Residents register individually and will be contacted with the team assignment after the registration deadline. Practice times will vary per team. Non-Residents may only register full teams as outlined below.

Registration Deadline: July 24, 2020

Practices Begin: August 15, 2020

Game Schedules Released: August 28, 2020 at www.teamsideline.com/claytonmo

Games Begin: September 12, 2020



SOCCER

Location: Shaw Park & various locations

Grade K **Code:** 34016

Boys

Grade 1	Code: 34000
Grade 2	Code: 34001
Grade 3	Code: 34002
Grade 4	Code: 34003
Grade 5	Code: 34004
Grade 6	Code: 34005
Grade 7	Code: 34006
Grade 8	Code: 34007

Girls

Code: 34008
Code: 34009
Code: 34010
Code: 34011
Code: 34012
Code: 34013
Code: 34014
Code: 34015

Resident \$90



VOLLEYBALL

Location: The Center of Clayton

Girls

Grade 3	Code: 34017
Grade 4	Code: 34018
Grade 5	Code: 34019
Grade 6	Code: 34020
Grade 7	Code: 34022
Grade 8	Code: 34023

Resident \$90

Non-Resident Team Registration

Non-residents may participate in Clayton leagues but must register as an entire team. Uniforms, equipment and practice time are not provided. Non-Resident team registration packets are available online at www.claytonmo.gov/youthsports. Space is extremely limited.

2020-2021 School Year Leagues

Clayton Parks and Recreation manages the youth sports leagues for Clayton residents and students of the School District of Clayton. Please make note of each deadline below to ensure your child can participate in all chosen sports.

Basketball (Winter)

Grades 1-8

Registration Deadline: **October 16, 2020**

Practices Begin: November 2020

Games Begin: January 2021

Baseball/Softball (Spring)

Grades K-8

Registration Deadline: **February 12, 2021**

Practices begin: March 2021

Games Begin: April 2021

ADULT SPORTS LEAGUES

For more information about Clayton Parks and Recreation adult sports leagues, visit www.claytonmo.gov/adultsports. No refunds or make-ups will be given for missed games, except those cancelled by the department.



BASKETBALL

Sports Monster Basketball Leagues



Adult Basketball leagues are handled through Sports Monster St. Louis. For more information and registration, visit www.sportsmonster.net or contact Sports Monster at 314-395-5580 or info@sportsmonster.net.

Mondays

Men's Intermediate League

Wednesdays & Thursdays

Men's Recreational League



SOCCER

Women's Micro Soccer League

Enjoy a ten game season with no playoffs. Teams play 6v6 plus goalie. Games will be played on a field and with goals at similar dimensions to indoor soccer. Games will be scheduled on Sunday mornings at Gay Field. Team registrations only.

Ages: 18+

Location: Gay Field

Day	Start Date	Time	Code
Sunday	April 19	8:00a-2:00p	30454

Registration Deadline: April 8

Cost: Resident \$400 | General \$450



SOFTBALL

Adult Softball Leagues

Bring your team to beautiful Shaw Park for outdoor fun near Downtown Clayton. USSSA Standards. Team registrations only.

Ages: 18+

Location: Shaw Park

Men's Double Header Leagues

Play an 8-week (16-game) season with an end of season single elimination tournament.

Day	Start Date	Time	Code
Friday	April 17	6:00p-10:00p	30446
Sunday	April 19	6:00p-10:00p	30447
Monday	April 20	6:00p-10:00p	30448
Wed.	April 22	6:00p-10:00p	30452

Registration Deadline: April 8

Cost: Resident \$675 | General \$775

Coed Leagues

Play an 8-game season with an end of the season single elimination tournament.

Day	Start Date	Time	Code
Sunday	April 19	6:00p-10:00p	30449
Monday	April 20	6:00p-10:00p	30450
Wed.	April 22	6:00p-10:00p	30451

Registration Deadline: April 8

Cost: Resident \$475 | General \$525

Summer Double Header Leagues

Play a 6-week (12-game) season with an end of season single elimination tournament.

Men's	Start Date	Time	Code
Thurs.	June 4	6:00p-10:00p	33712
Coed			
Tue.	June 2	6:00p-10:00p	33713

Registration Deadline: May 23

Cost: Resident \$550 | General \$600



GOLF

One of the area's best municipal courses, Ruth Park is convenient, affordable, and in great shape. Located 1 mile north of Delmar Blvd., the course features beautiful fairways, lush greens and a driving range with 25 hitting stations overlooking rolling terrain.

Clayton residents and Center of Clayton members receive resident rates by bringing your **Clayton Parks & Recreation card** to Centennial Commons (7210 Olive Blvd.) and requesting a Clayton golf resident ID card. Cost of the ID card is \$5.00 annually. 314-727-4800 | www.ruthparkgolf.com



VOLLEYBALL

Interested in Sand Volleyball this summer? These groups are hosting leagues in Shaw Park:

Sports Monster

Tuesdays & Sundays
info@sportsmonster.net
 314-395-5580 | www.sportsmonster.net

The City League

Thursdays
 Contact Michael Burger
thecityleague@yahoo.com
 537-424-8389 | www.thecityleague.com



SHAW PARK TENNIS CENTER

314-290-8596

www.claytonmo.gov/tennis

Managed By: **Frontenac**
Racquet Club

Daily Admission - is for one time use only and does not cover access to any classes or special pay activities. No refunds on daily fees. Clayton Advantage Card must be presented for Resident or Corporate rates.

	Resident	Corporate	General
Youth (3-17)	\$4	\$5	\$6
Adult	\$6	\$7	\$8
Senior (60+)	\$4	\$5	\$6

Season Pass - Season passholders enjoy unlimited access to available courts as well as passholder rates on tennis programs.

	Resident	Corporate	General
Youth (3-17)	\$59	\$69	\$99
Adult	\$69	\$79	\$119
Senior (60+)	\$59	\$69	\$99
Family	\$99	\$119	\$189

Platinum Membership - The platinum membership gives you access to The Center of Clayton as well as Shaw Park's Aquatic Center and Tennis Center. Platinum memberships are sold only as annual passes.

	Resident	Corporate	General
Youth (3-17)	\$389	\$459	\$544
Adult	\$574	\$674	\$839
Senior (60+)	\$449	\$539	\$619
Family	\$944	\$1089	\$1459

For information on resident and corporate status, and advantage cards, please see page 2.

Paid Admission Hours

Shaw Park's tennis courts are open throughout the year from 6:00 am - 11:00 pm daily. During the tennis season, patrons must present a current season pass or pay a daily admission fee during operational hours as follows:

April 1 - May 31

Monday - Friday 5:00 pm – 8:00 pm
Saturday & Sunday 8:00 am – 5:00 pm

June 1 - August 23

Monday - Thursday 8:00 am – 8:00 pm
Friday - Sunday 8:00 am – 5:00 pm

August 24 - September 30

Monday - Friday 5:00 pm – 8:00 pm
Saturday & Sunday 8:00 am – 5:00 pm

Tennis Center Parking

Free lots are available at the north and south ends of Shaw Park. Metered spaces are located throughout Downtown Clayton and are free after 5:00 pm on weekdays and all-day on weekends. Accessible street parking spaces are located in the circular drive.

Meet the Tennis Pro



Clark Taylor

Born and raised in Saint Louis, Clark played his college and prep tennis at Saint Louis University (SLU) and SLU High. At Frontenac Racquet Club since the 2012 season, Clark is back home from Longmeadow, Massachusetts, where he was the Director of tennis at Longmeadow Country Club. A certified USPTA Level 1 pro, he's also Etcheberry certified in tennis strength, fitness and conditioning.

fitness and conditioning.

He is the current Director of Tennis at Shaw Park Tennis Center and oversees all Tennis Club programs.

Phone: 304-654-5925 | Email: clark.shawtennis@gmail.com

Tennis Club

Clayton Tennis Club programs are the top tier programs offered by Clark Taylor at Shaw Park Tennis Center. These programs match up instructors with fewer participants to deliver the most personalized lesson experience.

Youth Tennis

High-Level Juniors

This class is for high school players, kids in the FRC Top Gun Program, and intermediate and advanced players looking to work hard on improving their game.

Ages: 10-17

Day	Date	Time	Code
M-F	Jun 1-Jun 5	11:00a-2:00p	33993
M-F	Jun 8-Jun 12	11:00a-2:00p	34069
M-F	Jun 15-Jun 19	11:00a-2:00p	34070
M-F	Jun 22-Jun 26	11:00a-2:00p	34071
M-F	Jun 29-Jul 3	11:00a-2:00p	34072
M-F	Jul 6-Jul 10	11:00a-2:00p	34073
M-F	Jul 13-Jul 17	11:00a-2:00p	34074
M-F	Jul 20-Jul 24	11:00a-2:00p	34075
M-F	Jul 27-Jul 31	11:00a-2:00p	34076
M-F	Aug 3-Aug 7	11:00a-2:00p	34077
M-F	Aug 10-Aug 14	11:00a-2:00p	34078
M-F	Aug 17-Aug 21	11:00a-2:00p	34079

Cost: Mem&Res \$195 | Gen \$220

Drop-ins \$45

High-Level Junior Evenings

Tuesdays & Thursdays from 6:00p-8:00p
Daily Drop-in \$45

Match Play

Saturdays from 10:00a-12:00p
Daily Drop-in \$45

Tiny Tots

An introduction to tennis in a friendly and safe environment. Your child will learn how to hit basic strokes, keep score, gain fun knowledge about the game...but most importantly, have FUN! This class uses smaller courts with shorter nets, softer and larger balls, and appropriately sized racquets.

Ages: 3-7

Day	Date	Time	Code
Sa	May 2-Aug 22	9:00a-9:45a	33990
Tu	May 5-Aug 18	5:15p-6:00p	33986

Cost: Mem&Res \$325 | Gen \$350

Drop-ins \$25

Tennis Camp

Camp will be held throughout the summer. See pages 9-10 for listings.

Private Tennis Lessons

Contact Clark for details.
clark.shawtennis@gmail.com
304-654-5925

No classes held on Saturday, July 4.
Course fees adjusted upon registration for classes not held on holidays.

Adult Drop-In Tennis

Join the pros at Shaw Park Tennis Center for drop-in play with light coaching.

Ages: 17+

Adult Morning

May 1 - August 21

Mon, Wed, Fri 9:30a-11:00a

Daily Drop-in \$35

Cardio

May - August

Mon, Wed, Fri 6:00a-7:00a

Sat & Sun 9:00a-10:00a

Daily Drop-in \$25

Adult Evenings

May - August

Intermediate (3.0-3.5)

Mon & Wed 6:30p-8:00p

Daily Drop-in \$35

High Level Adult (4.0+)

Tuesdays 7:30p-9:00p

Daily Drop-in \$35

Intermediate Drills

Thursdays 6:30p-7:30p

Saturdays 4:30p-5:30p

Daily Drop-in \$25

Beginner to Advanced Beginner

Thursdays 7:30p-8:30p

Saturdays 10:00a-11:00a

Saturdays 3:30p-4:30p

Sundays 9:00a-10:00a

Sundays 10:00a-11:00a

Daily Drop-in \$25

Recreational Tennis

Recreation Tennis programs are a great low cost option for youth lessons and adult beginners offered by Mark Platt. These programs are based in progressive instruction and high energy demonstration along with participation. For more information, contact Mark at 314-971-0851 or mark@saintlouistennis.com

Beginner's World Tennis

Day	Date	Time	Code
Quickstart (ages 4-6)			
Su	May 3-May 24	8:00a-9:00a	30660
Su	Jun 7-Jun 28	8:00a-9:00a	34208
Su	Jul 12-Aug 2	8:00a-9:00a	34209

Quickstart (ages 7-10)

Day	Date	Time	Code
Su	May 3-May 24	9:00a-10:00a	30661
Su	Jun 7-Jun 28	9:00a-10:00a	34210
Su	Jul 12-Aug 2	9:00a-10:00a	34211

Middle School (ages 11-15)

Day	Date	Time	Code
Su	May 3-May 24	10:00a-11:00a	30662
Su	Jun 7-Jun 28	10:00a-11:00a	34212
Su	Jul 12-Aug 2	10:00a-11:00a	34213

High School & Adult (ages 16+)

Day	Date	Time	Code
Su	May 3-May 24	11:00a-12:00p	30663
Su	Jun 7-Jun 28	11:00a-12:00p	34214
Su	Jul 12-Aug 2	11:00a-12:00p	34215

Cost: Mem&Res \$60 | Gen \$70

Padel Tennis

Padel Tennis (POP) is a new tennis game with shorter 60-foot court, green ball (slightly less pressure) and a padel instead of a racket. Fun, lots of rallies using tennis strokes and less court to cover. Equipment provided.

Ages: 16+

Day	Date	Time	Code
Su	Jun 7-Jun 28	12:00p-1:00p	34216
Su	Jul 12-Aug 2	12:00p-1:00p	34217

Cost: Mem&Res \$60 | Gen \$70

Plus, join us for a FREE Kickoff event on **Sunday, May 31** at each level's regularly scheduled time!



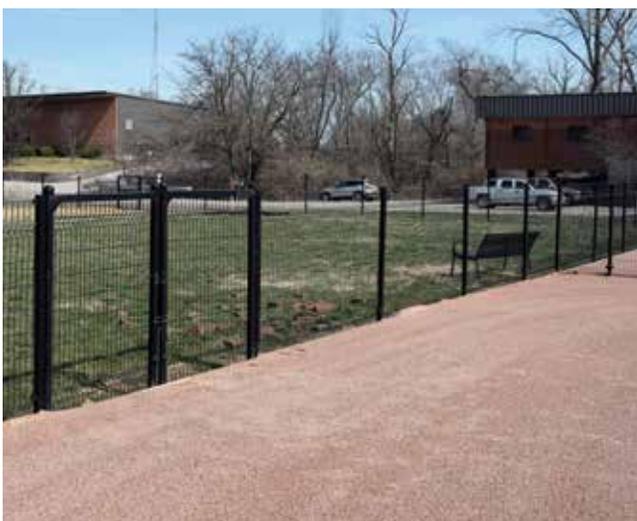
CLAYTON PARKS



Clayton has 11 parks spread throughout the City. Clayton's flagship park, Shaw Park, boasts pools, tennis courts, ice rink and athletic fields as well as The Center of Clayton. Hanley Park is home to the Historic Hanley House Museum found later in this brochure. Visitors to other parks can enjoy relaxing benches and green space and even some neighborhood playgrounds as shown below. Use this map to plan your next trip!

- Playground
- Picnic Rentals
- Dog Park (closed through Feb. 2021)

Dog Park Collaboration



The new Norm West Dog Park in Brentwood is open! This amenity was made possible by a collaboration between the cities of Clayton and Brentwood and generous support from Clayton Dog Park members. Because of this collaborative effort, Clayton residents qualify for resident rates of \$25 per dog at Brentwood's dog parks during the MSD project in Anderson Park. To register, bring payment, proof of residency, and documentation for current rabies and Bordatella vaccination as well as spay/neuter to the Brentwood Community Center at 2505 S. Brentwood Blvd, Brentwood, MO 63144.

Contractors for MSD continue to work at Anderson Park to excavate a shaft that will be used to extract a tunnel boring machine. The park will remain closed until it is restored by MSD in 2021.

Shaw Park

Center of Clayton
Enrichment
Fitness
Swim Lessons
Shaw Pool
Sports Leagues
Tennis
Parks



Parking

Lot Parking

Patrons wishing to utilize Shaw Park venues may park in the Shaw Park surface lot on the west side of Shaw Park, located near the sand volleyball courts and the Clayton School District Administration Building. Parking is also available along Shaw Park Drive, off Brentwood Blvd. at the south end of the park.

Street Parking

Metered parking spaces on Brentwood Boulevard cost \$1.50 per hour between 8:00 am and 5:00 pm. Limited accessible parking spaces are located just off Brentwood, in the circular drive between the Aquatic Center and Ice Rink.

Garage Parking

Garage parking is available in Downtown Clayton. Hourly fees apply.

Park Rentals

Residents of Clayton, Corporate Advantage Card Holders and Clayton businesses may reserve a picnic site up to one year in advance. Non-Residents may reserve sites up to nine months in advance. All areas require a minimum security damage deposit of: Enterprise Holdings Pavilion = \$200; picnic pads and shelters = \$100. For information visit www.claytonmo.gov/parkrentals.

Shaw Park



Enterprise Holdings Pavilion

Pavilion is equipped with a grill, tables, restroom facilities and electricity.

Seating capacity: 120

Fee \$400 Resident
\$500 Corporate
\$650 General



North/South Shelter

Picnic Shelters are equipped with a grill, picnic tables, restroom facilities and electricity.

Seating capacity: 60

Fee \$75 Resident
\$100 Corporate
\$125 General



Picnic Site #1

Picnic Site 1 is equipped with a grill, fire pit and picnic tables.

Seating capacity: 36

Fee \$50 Resident
\$60 Corporate
\$70 General



Picnic Sites 2, 3, & 4

Picnic Sites 2-4 are equipped with a grill and picnic tables.

Seating capacity: 36

Fee \$25 Resident
\$35 Corporate
\$45 General

Oak Knoll Park



The large picnic site is equipped with a grill, picnic tables and is located near the playground.

Seating capacity: 48

Fee \$50 Resident
\$60 Corporate
\$70 General

Hanley Park



The Hanley Park Pavilion is equipped with picnic tables, restroom and electricity.

Seating capacity: 24

Fee \$50 Resident
\$60 Corporate
\$70 General



HISTORIC HANLEY HOUSE

www.hanleyhouse.org

7600 Westmoreland Ave.
Clayton, MO 63105

314-290-8598 ext. 8733

Martin Franklin Hanley built the Historic Hanley House in 1855. The farmstead is the oldest structure in the City of Clayton and is listed on the National Register of Historic Places. Today, the restored home is a historic house museum filled with original family furnishings, artifacts and letters that together represent an authentic portrayal of 19th century Missouri life.

House Tours

April - October

Every Thursday 10:00 am - 4:00 pm

Third Saturday each month 10:00 am - 4:00 pm

(Last tour begins at 3:30 pm)

Additional tour days and times available by appointment.

Tour Admissions

Cash or check only at the door. Credit payment may be arranged in advance.

Adult \$5

Children {ages 6-12} \$2

Children 5 & under Free

Student Tours \$5 per student
(Chaperones are free)

Programs & Events

Heirloom Herb Sale

Saturday, May 2, 9:00 am - 11:00 am

Purchase your spring herbs in Hanley Park and support the Historic Hanley House! Heirloom herbs sold for \$5 each with proceeds benefitting the museum. Herbal tea will be served while you shop.



Historic St. Louis Presents: "Painting a Summertime Past"

Saturday, June 13, 10:00 am - 4:00 pm

Summer is in full bloom at Hanley Farm! Come enjoy our gardens at Hanley Park and then take a tour inside Hanley House to learn about the people who lived on this 19th century farmstead and their close relationship to plants and the land they farmed. Hanley House will join over 25 area historic sites connecting with the past and the ancestors who lived in those landscapes. See more information at historicsaintlouis.org.

Regular tour fees apply

Party Packages

Birthday Parties may be scheduled at the Historic Hanley House Monday - Friday from 10:00 am to 7:00 pm and Saturday - Sunday from 10:00 am to 5:00 pm. No food or drink is permitted inside the museum. Packages include a special children's tour of the house led by a costumed interpreter, historic games and activities, and a keepsake for every child to take home. Call 314-290-8516 for information and booking.

Fees include the first 10 people for two hours. Extra guests may be added for \$10 per person.

Rates: Resident \$150 | Corporate \$165 | Non-Resident \$180



Clayton Parks & Recreation
50 Gay Avenue
Clayton, MO 63105

Presorted
Standard
U.S. Postage
PAID
St. Louis MO
Permit 495

Summer Camps: June 1 - August 14

Find your
**SUMMER
ADVENTURE**

2020 Summer Camp overview located inside.

Full guide online at www.claytonmo.gov/camps